

### A Clinician's Perspective on Health IT at the VA



featuring

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#### Courtesy of Kevin Meldrum

### Veterans Affairs - VHA



## VHA Facilities 🖌 🖈

- 163 Hospitals
- 800 Clinics
- 135 Nursing Homes
- 43 Domiciliaries
- 180,000 Healthcare Professionals
- Serving 6 Million Veterans per Year

## VHA Volume

- Hospital sizes vary from 100 to 1000 beds.
- Outpatient visits vary at each facility from 30,000 to 450,000 visits per year
- 46.5 million outpatient visits per year
- 564,000 inpatient admissions per year
- 167 million prescription-months filled





### VistA: In <mark>Every</mark> VA Medical Center For >15 years!



### 2006 – Innovation Award for VistA VA's Electronic Health Record (EHR)

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## Achievements 🖌 🔶

- The VA's EMR been estimated to improve efficiency by 6% per year
- Pharmacy prescription accuracy has improved to 99.997%
- VA hospitals only 1/13 systems that have achieved HIMSS stage 7, the highest level of record integration
- Public domain software available through the freedom of information act directly from the VA's website or network of distributors



- 1977 1981 "The Underground"
- 1980s Service Focused Software
- 1990s Physician Focused Software
- 1997 Release of Computerized Patient Record System (CPRS)

**Courtesy of Kevin Meldrum** 

• www.hardhats.org



## Developed using M or MUMPS language/database

- Runs on InterSystems Cache version of MUMPS
- Open source engine called GT.M for Linux and Unix computers is available

Database 🙀 🛧 🖈





### A Chart Metaphor Combining Text and Images

VistA:





## VistA Imaging

- Integrates images with the electronic medical record
- Can be used independently or integrated into VistA
- Includes
  - Radiology
  - EKG's
  - Pathology
  - GI lab
  - Dermatology
  - Wound Care
  - Scanned Documents



### From A Few Sites To The Largest Health Care System In The U.S. Under One Management

#### J.S. MEDICINE

JUNE 15, 198

#### HCIS: VA's Tangled Saga

#### **Red Tape Snarls Computerization**

exist, and it's questionable whether a

The most hopeful factor for VA right

now is guidance issued last fall by the

appropriations committees requiring

VA to make off-the-shelf computer pur-

chases in fiscal 1981. The committees

gave VA \$800,000 for medical data pro-

plan for the system exists.

By Nancy Tomleh WASHINGTON-One carly decision the new administrator of veterans affairs will have to grapple with when he assumes office is what to do about the Veterans Administration's plans for a health care information system. While it generally is agreed that VA's medical system is years behind the private sector when it comes to medical data processing, there is little agreement on the cause for this lag or the solution

te cause for this lag or the solution

Even though HCIS is the "buzzword" used in discussing VA's electronic data processing work, there are other, more tangible problems involved-for HCIS itst! does not A group of minicomputers secure.

A group of minicomputers secured when Dr. Chase was in office also has fallen into disgrace, with allegations made by the inspector general's office that they were purchased improperly. As a consequence of a GAO inventory, some of the computers are being

tory, some of the computers are being kept in locked storerooms, inaccessible to VA physicians who in some cases

### In The Beginning

# NIST (Then NBS) was asked to turn the existing systems-technology strategy into a systems-architecture design

Dr. John Chase, the VA's Medical Director agreed to deploy the system at the VA Hospitals

Dr. Robert Kolodner (later the National Health Information Technology Coordinator) and George Timson were involved since 1977

- 1978 Minicomputers sent to about 20 VA Medical Centers
- 1979 "Underground Railroad" formed referred to as conspirators against the enemy



DHCP - Hospital Information System – 1981

Congressman Sunny Montgomery arranged for DHCP to be written into law as a program at the VA

- 1982 Official deployment of core applications
- 1993 Order Entry / Results Reporting

The four major adopters of VistA (VA, DoD, HIS, and the Finnish Consortium) each took VistA in a slightly different direction

The Finns actually were the first major adopter

### VistA

Electronic Health Record (EHR) – The name was adopted in 1994 under Ken Kizer

- 1996-99 CPRS ("Clinical Desktop")
- 2000 Bar Code Medication Administration
- 2004 My Health<u>e</u>Vet (Personal Health Record – PHR)
- 2010 Blue Button (Data Download)



### Bar Code Medication Administration (BCMA)

• Virtually Eliminates Errors at the Point of Administration





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BCMA Assures the: Right Medication Right Dose Right Patient Right Provider Right Time

## Home Telehealth

★★★★★



### VA Provides My Health<u>e</u>Vet: A Personal Health Record For Veterans







#### Welcome to My HealtheVet

My HealtheVet is VA's online personal health record. It was designed for Veterans, active duty Servicemembers, their dependents and caregivers. My HealtheVet helps you partner with your health care team. It provides you opportunities and tools to make informed decisions and manage your health care

Specific features in My HealtheVet are available to you based on your account type. All users who have a <u>Basic</u> account are able to view their self-entered information. If you are a VA patient, you can upgrade your account to <u>Advanced</u> or <u>Premium</u>. For more information about account types and what you can view, visit <u>My HealtheVet Account Types</u>.

Among the newest features available to Veterans with a Premium Account include VA Notes. These are clinical notes that your health care team records during your appointments or heapital stays. Also available are your VA Immunization records, more detailed lab reports and a list of your current medical issues. These features are in addition to prescription refills, VA Appointments and Secure Messaging – all very popular with Veterans!

Already a Member? Go to **Mv HealtheVet** Enter Here

Go to the main My HealtheVet home page to start managing your health care online.

#### Service Alerts



Learn what the Blue Button can do for you

Labs, appointments, prescriptions, and other medical records are part of the Blue Button. Did you know that the DoD Military Service Information feature includes Military Occupational Specialty Codes, which can assist Veterans in linking military occupations with civilian jobs?



First Time Registration?

If you are already enrolled at a VA facility, be sure to check the 'VA Patient' option and include your full name, including middle name if applicable, your date of birth, SSN and gender.



Learn More »

VA Home | Privacy Policy | FOIA | Web Policies | No FEAR Act Data | Site Index | USA.gov | White House | National Resource Directory | Inspector General

U.S. Department of Veterans Affairs - 810 Vermont Avenue, NW - Washington, DC 20420

## Conceived of and Provides: "Blue Button"



For the first time ever, veterans will be able to go to the VA website, click a simple Blue Button and download or print your personal health records so you have them and can share with your doctor outside of the VA. 22 —President Barack Obama

#### JOIN THE MOVEMENT

- committed
   implemented
- Aetna
- Centers for Medicare and Medicaid Services
- CNSI
- Department of Defense
- Department of Veterans Affairs
- Gorge Health Connect, Inc.
- Humana Inc. and certain of its operating subsidiaries
- Iatric Systems
- KRM Associates, Inc.
- LifeMed ID, Inc.
- McKesson
- MediKeeper, Inc.
- MedRed LLC
- NaviNet, Inc.
- NoMoreClipboard.com
- OneCare
- PatientsLikeMe
- RelayHealth
- United Healthcare
- Vermont Blueprint for Health, Department of Vermont Health Access
- Walgreens



#### **Download Your Own VA Medical Records**

Think of all the times you've sat in the doctor's office, trying to remember what year you had surgery or the name of that hard-to-pronounce prescription you're taking. Or maybe you have difficulty keeping track of your appointments or how stable your blood sugar levels have been lately.

Stay on top of managing your health by using My HealtheVet's Blue Button feature. It allows you to view, print, or download and store information from your personal health record (PHR). Then everything is all in one place and viewable whenever you need.



By organizing and accessing your medical records, the VA Blue Button helps you better manage your health care needs and communicate with your health care team. With the Blue Button, you can download your PHR and share it with your VA and non-VA providers. This helps them get the big picture of your health and inform them how you're doing in reaching your treatment goals. You can download your record either as a PDF, text

file or customizable Blue Button file. You select the date range and the categories of information you wish to include. Print out information to file away at home, take a copy to your next appointment or send an electronic version of your self-entered information in a Secure Message to your VA health care team.

Start building your PHR by self-entering your personal information, such as your health history, emergency contacts and medications. You can monitor your vital signs and use the journals to track your diet and physical activity. Even if you're not a Veteran, you can take advantage of this convenient way to organize your information.

Then when you click the VA Blue Button, you can view all the data! If you're a Veteran who receives care from VA, you can set your preferences so that some VA and/or DoD records feed into your VA Blue Button copy of your PHR, such as your military service information. Your downloadable PHR can show you:

- · Information for emergency contacts, health care teams and insurance providers
- · Over-the-counter medications, allergies, military health history, medical events and lab tests
- · Daily records in your diet and physical activity (exercise) journals
- · Recorded Vitals & Readings (blood pressure, blood sugar, cholesterol, heart rate, body temperature, weight, pain level, etc.)

My HealtheVet users who are registered as a 'VA Patient' can also see:

- · Military service information from your VA and/or DoD records
- Prescription history.

VA patients: you can make your PHR even more beneficial by upgrading to a Premium Account. This level gives you full access to My HealtheVet features, including Secure Messaging with your VA health care team. When you download your data with the VA Blue Button, you can also view information that VA/DoD has added into your health record, such as:

- VA Chemistry/Hematology/Microbiology Lab results the results from your lab tests
- Information on your VA Appointments- the details of recent and future appointments at VA medical centers and/or CBOCs
- VA Immunizations a history of the immunizations you have received through VA
- · VA Problem List a list of your active health conditions and symptoms
- VA Notes the clinical notes that your health care team records during your appointments or hospital stays



 VA Admissions and Discharges including discharge summaries-a list of admissions and discharges plus the detailed summary documented by your health care provider when you were discharged from the hospital



To get this type of account you need to go through Authentication\* to verify your identity and have your My HealtheVet profile information linked to VA/DoD records.



A number of smartphone apps are also available through a variety of non-VA sources. While VA doesn't endorse specific apps, there are now creative, secure and easy-to-use ways of viewing Blue Button data. Search for "Blue Button" in your smartphone apps library to learn more.

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- · VA Problem List a list of your active health conditions and symptoms
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## Bue Button Apps Competition





## VISTA Layered Approach

#### **CPRS** Graphical User Interface



VistA Core Packages					
A/D/T	Laboratory	Pharmacy	Radiology	Dietetics	
Billing	Nursing	Appt Mgt	Enrollment	Etc.	
VistA Kernel					
VistA Kernel Menu	Access &	Data	Job	Mossaging	
	Access & Privileges	Data Dictionary	Job Scheduler	Messaging	

MU	IPS Processes
Ν	UMPS Data





#### **CPRS** Demo

#### Try VA's VistA CPRS software today!

You can download VA's award winning electronic health record software CPRS (Computerized Patient Record System) by following the instructions for installing the client software below.

- Download the latest version of CPRS today and get access to new features including graphing functionality
- Use the software as if you were a provider by entering orders, entering documentation, retrieving reports (and graphs) and viewing alerts and notifications that help with decision support

Learn first hand how VA's electronic health record system works

### http://www.ehealth.va.gov/EHEALTH/CPRS\_Demo.asp

	🔁 VistA CPRS in use by: Provide	r,Eight (CPRSdemo.va.gov)	
	File Edit View Tools Help		
1430 · 815	Patient Selection		
	Patient List	Patients (All Patients)	ОК
	<ul> <li>○ No Default</li> <li>○ Providers</li> <li>○ Clinics</li> <li>○ I eam/Personal</li> <li>○ Wards</li> <li>○ Specialties</li> <li>○ All</li> </ul>	Ademopatient,Seven Ademopatient,Eight Ademopatient,Five Ademopatient,Four Ademopatient,Nine Ademopatient,One Ademopatient,Seven Ademopatient,Six Ademopatient,Ten Ademopatient,Three Ademopatient,Three Ademopatient,Two Agraphingpatient,One Agraphingpatient,Two Bocma,Eight	Cancel
	Notifications		
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🖉 VistA CPRS in use by: Provider,Eig	ght (CPRS demo.	va.gov)						
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Hypertension Osteoarthritis								
Active Medications		Clinical Reminders		Due Date				
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Recent Lab Results	Vitals				AppointmentsA			
Cholesterol Blood Serum Wc Lb #17900 Oct 3	P 75 R 15 BP 127/82 HT 68 in WT 175 lb P0X 93 BWL 25 55	Jul 01,2010 Jul 01,2010 2 Jul 01,2010 May 14,2010 Jul 01,2010 Jul 01,2010	14:00 14:00 ) 14:00 (1) 14:00 (79.4 kg) 14:00	72.7 cm)	Dec 25,11 08:1			on Required on Required
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🔁 VistA CPRS in use by: Provider,Eight (CPRSdemo.va.gov)	
File Edit View Action Options Tools Help	
ADEMOPATIENT, SEVEN (OUTPATIENT) Visit Not Selected Provider: PROVIDER, EIGHT Primary Care Team Unassigned Flag	a No Postings
Last 100 Signed Notes (Total: 8) Visit: 07/01/10 PRIMARY CARE GENERAL NOTE, GENERAL MEDICINE, ONE PROVIDER (Jul 01,10@13:00)	
All signed notes LOCAL TITLE: PRIMARY CARE GENERAL NOTE STANDARD TITLE: PRIMARY CARE CENERAL NOTE STANDARD TITLE: PRIMARY CARE CENERAL NOTE STANDARD TITLE: PRIMARY CARE NOTE STANDARD TITLE: PRIMARY CARE CENERAL NOTE Standard Care of Concentrate on Solution and got the labs ordered for today. Depression The patient indicates that his symptoms have improved significantly, but not as much as he expected. He is still sleeping a lot (about 12 hours per day) and finds it hard to concentrate on looking for work. He is eating better and has gained a few pounds. He denies suicidal ideation. His PHQ-9 score is 16 today. Allergies NNDA PMH Depression Auge: Show the s	
None	
✓ Templates FamHx Mother died of MI at 64 years of age.	
New Note	~
Cover Sheet Problems Meds Orders Notes Consults Surgery D/C Summ Labs Reports	



VistA CPRS in use by: Provider,Eight (CPRSdemo.va.gov)					
File Edit View Action Tools Help					
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Sort by Status/Exp. Date (IMO first on Inpt)					
Action Outpatient Medications	Expires	Status	Last Filled	Refill	
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LISINOPRIL 20MG TAB Qty: 90 for 90 days Sig: TAKE ONE TABLET BY MOUTH EVERY DAY	05/01/12	Active	May 07,11	2	
HYDROCHLOROTHIAZIDE 12.5MG TAB Qty: 90 for 90 days Sig: TAKE ONE TABLET BY MOUTH EVERY DAY	05/01/12	Active	May 07,11	2	
ACETAMINOPHEN 500MG TAB Qty: 240 for 30 days Sig: TAKE TWO TABLETS BY MOUTH EVERY 6 HOURS AS NEEDED	05/01/12	Active	May 07,11	10	
ASPIRIN 81MG EC TAB Qty: 30 for 30 days Sig: TAKE ONE TABLET BY MOUTH EVERY DAY	05/01/12	Active	May 07,11	10	
CHONDROITIN/GLUCOSAMINE CAP/TAB Qty: 90 for 30 days Sig: 2 TABLETS MOUTH EVERY 8 HOURS	05/01/12	Active	May 07,11	10	
FLUTICASONE FURO 27.5MCG 120D NASAL INHL Qty: 50 for 90 days Sig: SPRAY 2 SPRAYS IN MOUTH EVERY DAY	05/01/12	Active	Apr 15,08	3	
CETIRIZINE Qty: 90 for 90 days Sig: TAKE ONE TABLET BY MOUTH EVERY DAY	05/01/12	Active	May 07,11	2	
Action Non-VA Medications	Start Date	Status			
Action   Inpatient Medications	Stop Date	Status	Location		
Cover Sheet Problems Meds Orders Notes Consults Surgery D/C Summ	Labs Reports				

### User Involvement is ESSENTIAL

Lessons Learned

- Discover major innovations by front line users/developers
- Learn from the "Positive Deviants"
- Start with the Early Adopters
- Include users at all stages

## Major Innovations from Local Users

#### **Bar Code Medication Administration (BCMA)**

- 1992 the idea of Sue Kinnick, RN –
   a Nurse at the VA Medical Center in Topeka, Kansas
- VA wide by 2000
- Now going nationwide in U.S.
- How many lives saved and adverse outcomes avoided?



## VISTA Web

🗿 VistAWeb: Patient Selection - Microsoft Internet Explorer						
<u>File E</u> dit <u>V</u> iew F <u>a</u> vorites <u>T</u> ools <u>H</u> elp		A.				
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vista#EB Logoff		edical record				
8. VA Sunshine Healthcare Network     16. South Central VA Health Care Networ	The current lookup site is New Orleans, LA. To lookup a patient in a different site, choose from the list on the left.					
<ul> <li>Alexandria, LA</li> <li>Little Rock, AR</li> <li>Fayetteville, AR</li> </ul>	If you don't see a list of sites in the control panel you are constrained to selecting patients only in the site at which you logged on. You will still get data from everywhere in VHA however.					
<ul> <li>Jackson, MS</li> <li>Houston, TX</li> <li>Muskogee, OK</li> <li>Oklahoma City, OK</li> </ul>	If you need to do remote site patient lookups, you must contact your local Information Security Officer (ISO) and identify which sites you need to access and why you need the access.					
Shreveport, LA     Biloxi, MS     New Orleans, LA     INew Orleans, LA     INew Orleans, LA	Look for: Find					
Warning! Avoid using "Back" button	Cancel					
MDO	SSN: DOB:					
< >						
🕙 Done	🗎 🗎 🖕	Local intranet				



- Intranet web application used to view remote patient information found in VistA, Department of Defense (DoD) and the Health Data Repository (HDR) databases.
- Alternative to CPRS Remote Data View (RDV)
- Queries the Health Data Repository (HDR)
  - access to patient clinical data residing in the HDR-Interim Messaging Solution (IMS) and HDR-Historical
  - Allergies, Vitals, Outpatient Pharmacy
- VistaWeb servers and software are maintained in Silver Spring, MD.



• Converted to nationally supported "class I" software and released in Spring of 2005

History 🙀 🙀 😭


## Ways to Access VistAWeb

• Remote Data Button in CPRS



• CPRS Tools Menu



- Standalone webpage (URL)
  - example next slide

# VistaWeb Access via website



#### 1996 – Test Site for CPRS at the VA Medical Center in Seattle, WA

<u>F</u> ile <u>E</u> dit ⊻iew <u>T</u> ools	<u>H</u> elp	ld (VISTASERVER)		
TEST,CHRIS 200-00-5436 May 21,1956 (43)	Visit Not Selected Provider: VOLPP, BRYAN D MD	Primary Care Team Unassigned	CIFN Data	ostings A
ctive Problems	Allergies / Adverse Read	tions	Postings	
Psychogenic Headache Calculus of Kidney (icd-9-Cm 592 *Agitation Cytomegalic Inclusion Disease Hypomagnesemia Emphysema Nec Rat Bite	.0) Furosemide Penicillin Bee Sting Penicillins Sulfonamide/Related Ar	timicrobials	Allergies Allergies	
ctive Medications	C	inical Reminders	Due Date	
iulfamethoxazole 800/Trimeth 160m /ancomycin 125mg Cap	Active D D D D D D D D D D D D D D D D D D D	Icohol Abuse Screening (CAGE) iabetes - Urine Protein iabetes - Urine Microalbumin iabetes - Serum Creatinine iabetes - Hemoglobin A1c iabetes - Lipid Profile iabetic Eye Exam ementia Labs - Vit B12/Folate ep C-Dz & Transmission Ed CE Inhibitor for EF<40% ihaler for FEV1<50% Predicted	Apr 01,00 Jan 05,00 Feb 08,00 DUE NOW Feb 08,00 Jan 05,00 Jul 01,99 DUE NOW DUE NOW DUE NOW DUE NOW	
ecent Lab Results			Appointments / Visits / Admissions	
anc-Bleeding Time Blood Lc Lb #92	5448 Feb 25.00 T 98.6 F P 60 R 18 BP 120/80 HT 51 in	Mar 06,00 (37.0 C) Mar 06,00 Mar 06,00 Mar 06,00 Mar 01,00 (129.5 cm) Mar 01,00 (81.0 kg)	Mar 13,00 09:00 Nursing Procedure Drea Feb 29,00 08:09 Allergy Injections (9a) Feb 25,00 19:54 Id/Pc Volpp (8a) Feb 14,00 13:35 Allergy Injections (9a) Jan 11,00 08:00 Short Stay Unit Surg Dec 16,99 15:00 Hpw Minority Vet Grp 3D	m Chec Dele Chec Chec Canc

#### portance of User Input and Integration into Workflow

#### **Clinical Reminders Dialogue Box**



## Transition in the 90's

- Major challenges included
  - Required physician entry of data but majority of physicians did not know how to type
  - Brought focus away from the patient and to the terminal/workstation and room design and ergonomics were such that this meant looking away from the patient



- Performance was slow and became increasingly slow until much additional hardware was thrown at the system
- Training was a major challenge because of the limited hours available for physicians to be trained on the system
- Difficulty with the transition from paper to the electronic record; for a period of time needed to have information from both systems



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 Lack of ability to provide feedback for specific issues except at a national level and prioritization was done nationally  IT (IRM) became a vendor for PACS using VistA imaging and ended up competing with commercial systems and this made them slow to interface to commercial systems

- System plays relatively poorly with third party systems
- Would very much like to have an API to be able to have software find information within the system
- Database very unfriendly to perform searches for information

 Sign on process very slow and requires sign-in at workstation as a windows user and then sign in to CPRS which required separate processes and then another sign in to use the VistA imaging system

- Users would not sign-out and this created security issues
- Could take 5 minutes to sign in and sign out and major issue when going from room to room



 Despite national system no standards for how progress notes, radiology codes, and other things are coded and so difficult to share data

- Despite many efforts, difficult to transfer information from one VA hospital to another especially across VISN's and ability to share information between VA and DoD surprisingly constrained with no real ability to share images
- VA imaging was one of the last systems to utilize DICOM standard and was based on pathology TIFF solution

### What Was Really Good About VA's VISTA

- CPRS Windows interface made access and searching for information easy and patient information was ubiquitously available throughout the enterprise
- Ability to plot laboratory data made it much easier to do trend analysis
- Chart metaphor made it easier for physicians, nurses, etc. to make transition from paper chart to EMR



 Images from all modalities including pathology, dermatology, ophthalmology, GI lab, OR, medical documents in addition to just radiology and nuclear medicine

- All healthcare providers were mandated to use VISTA and to do physician/provider order entry
  - Transcription was supported for a brief period of time for attending physicians only but this was eventually phased out
  - This was easier because the majority of progress notes in the VA were written by residents and fellows rather than VA attending physicians.

## Intelligent System

- System does not incorporate intelligence I would like to see in 2013 system
  - Spell and grammar checker
  - System doesn't learn from my habits and acts as though it is meeting me for the first time each time
  - System doesn't allow me to search and list a subset of my patients



- System organized like paper chart with extremely limited search capability within a single patient and none across multiple patients
  - Can not search within a patient's record for information easily; later versions had primitive text search but was very difficult to find instances, say of rash in a patient



 No good messaging system but instead requires users to sign onto VistA but physicians rotate in and out from University of Maryland



- Radiology package old terminal emulator and little done to enhance
- Alert fatigue, alerts not presented in intelligent manner
- System does not recognize or learn from me
- Not well integrated with third party software and difficult to add additional 3<sup>rd</sup> party software

Issues





- Sign in and sign out difficult
- Can't really search within or among different patient records to find similar patient



- Things such as pain not in the system
- Different ways progress notes, radiology studies, etc named across the system

• Designed like chart not optimized to be smart and searchable and intelligent and specific to needs of the user

## **Clinical Decision Support**

- VISTA does a great job monitoring performance retrospectively:
  - Patients whose BP is within parameters
  - Counseling given for smoking cessation
  - Diabetics given tests for diabetic retinopathy
- However next generation systems should assist in diagnostic and treatment options in a real time fashion



-