

# COVID-19 Screening

All campus entrants must meet these requirements each day they come to the NIST campus. You are not required to retain copies or to provide copies of this form to anyone at NIST.

COVID Community Levels are **Low** in NIST- Boulder and NIST-Gaithersburg.

Masks are optional when accessing the NIST campuses, except when required following exposure to COVID-19 and when recovering from COVID. See requirements below.

## Symptom Checklist: Today, are you experiencing any of the following symptoms not caused by another known condition?

	Yes	No
Fever over 100.4 °F (38 °C) or Chills	<input type="checkbox"/>	<input type="checkbox"/>
Cough	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath or difficulty breathing (unrelated to physical activities)	<input type="checkbox"/>	<input type="checkbox"/>
Muscle pain/body aches or fatigue (unrelated to physical activities)	<input type="checkbox"/>	<input type="checkbox"/>
Headache (bad, or severe)	<input type="checkbox"/>	<input type="checkbox"/>
New loss of taste or smell	<input type="checkbox"/>	<input type="checkbox"/>
Sore throat, congestion, or runny nose	<input type="checkbox"/>	<input type="checkbox"/>
Vomiting/nausea or diarrhea	<input type="checkbox"/>	<input type="checkbox"/>

## If you are recovering from COVID, do you meet criteria for Option 1 or 2?

Option 1: It has been more than 10 days since onset of symptoms; AND

- You have not had a fever (>100.4F) for more than 24 hours, AND
- You are not taking fever-reducing medications; AND
- Your symptoms have improved.

Option 2: You have two negative rapid-COVID tests or one negative PCR test taken not earlier than 5 days following symptom onset or your positive COVID test, whichever was earlier AND:

- You have not had a fever (>100.4F) for more than 24 hours, AND
- You are not taking fever-reducing medications AND
- Your symptoms have improved.

## Exposure Checklist: In the last 10 days have you:

	Yes	No
Spent more than 15 minutes over a 24-hour period within 6 feet of someone known or suspected to have COVID-19, or share a residence with someone known or suspected to have COVID-19?	<input type="checkbox"/>	<input type="checkbox"/>

Contact [COVID19@nist.gov](mailto:COVID19@nist.gov) if you have questions regarding exposure.

## No Entry Restrictions Associated with Travel at this time

See CDC [Community Levels](#) for Boulder County, CO and Montgomery County MD. Click [here](#) to see the campus status, basic COVID-19 prevention protocols.

See CDC: [List of Symptoms](#) and [What to Do if You Are Sick](#).

Contact your supervisor or sponsor if you answered "YES" indicating you are experiencing one of these symptoms. Do not attempt to access campus until you receive campus access guidance from your supervisor. Supervisors must report this occurrence using the [Supervisor/Staff Reporting COVID Application](#) to obtain requirements for isolation and resuming campus access following isolation for your staff.

**NOTE: This section does not apply if you have recovered from COVID and have met criteria for either Option 1 or Option 2 in the next section. It is common for symptoms to persist following recovery.**

NOTE: Those experiencing side effects from vaccines should remain off campus until side effects subside.

If this applies and you answered "NO", you may not access the NIST campus. NIST staff must follow instructions provided by their supervisor or sponsor.

If you answered "YES" you may access campus, but you must wear a mask and practice social distancing for 10 days following your most recent exposure. Staff may use [Staff Reporting COVID Application](#) to obtain exact dates for which these restrictions apply.

Please follow [CDC Guidance for Travel](#).