Ten Things to Know About Cybersecurity Competitions

1. Are a Mental Sport
   Players in cybersecurity competitions are athletes demonstrating expertise and skills with cybersecurity tools and techniques.

2. Are Fun
   The fun comes with being able to overcome obstacles and solve challenges, as well as learning new skills and being a team player.

3. Promote Values and Ethics
   Competitions are governed by rules to ensure ethical behavior.

4. Have Different Levels and Categories
   Competitions exist at every skill level and take many different forms.

5. Encourage Growth and Learning
   New tools surface and new skills are constantly needed.

6. Support Diversity
   There are competitions for everyone. Diversity of thought is key in solving challenges.

7. Foster Team-Building Skills
   Leadership, communication, and social skills are all needed for collaboration and competition.

8. Are Easy to Access
   Many online competitions only require a modern browser and access to the internet.

9. Promote Career Awareness
   Competitions help individuals understand what areas interest them.

10. Help Locate Talent
    Competitions help recruiters and employers find qualified candidates.

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