

# Moving beyond Codes: Advanced Energy Design Guides and Zero Energy Buildings

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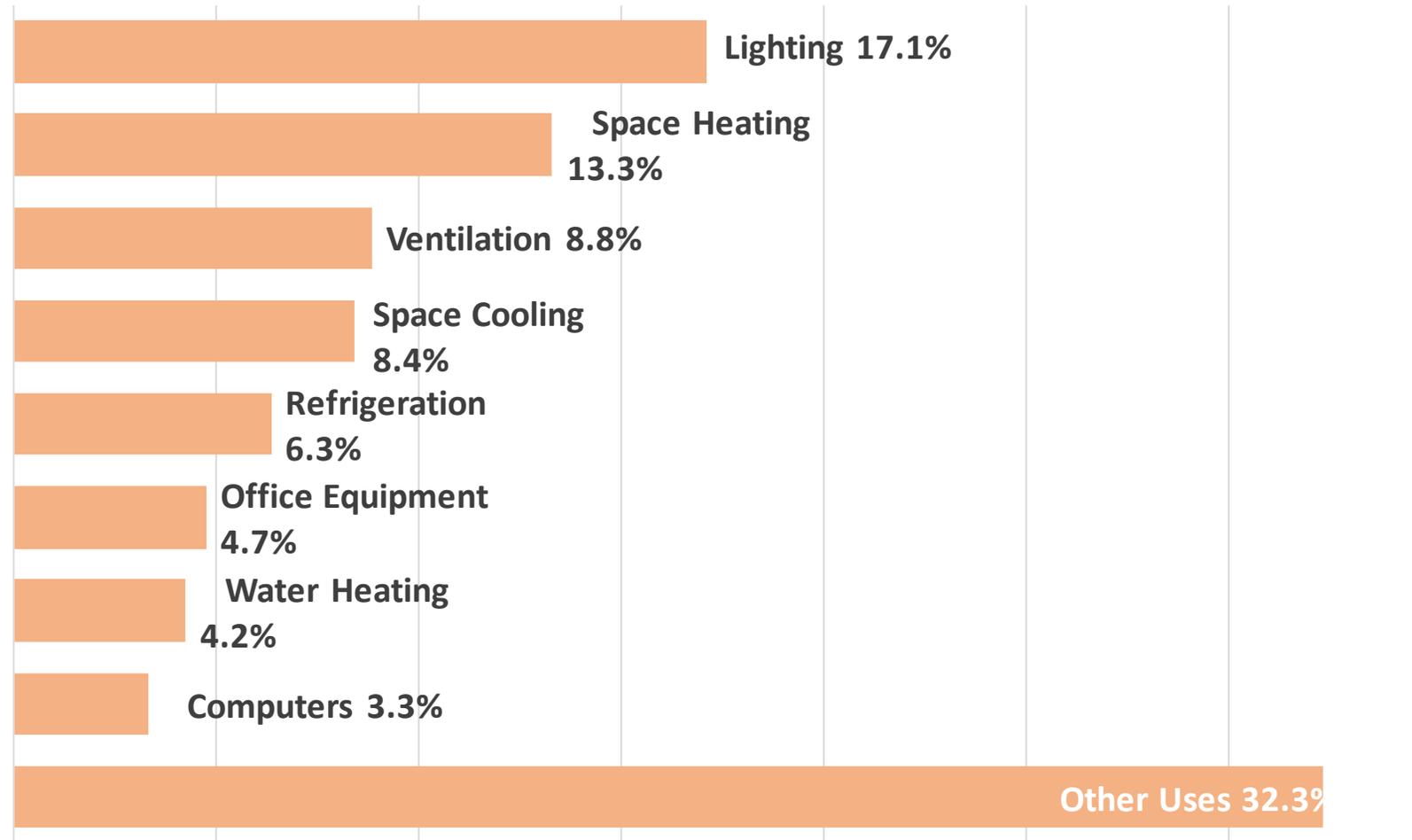
26 October 2015

Taller de Capacitación en  
Sistemas de Eficiencia  
Energética de Edificios y  
Etiquetado



# U.S. Buildings' Energy Use

## Commercial Buildings Energy End-Uses 2012





First Steps to Zero —  
Advanced Energy Design Guides  
(AEDGs)

# Five 50% Guides



**Advanced Energy Design Guide  
for Small to Medium Office Buildings**

Achieving 50% Energy Savings  
Toward a Net Zero Energy Building

Developed by:  
American Society of Heating, Refrigerating and Air-Conditioning Engineers  
The American Institute of Architects  
Illuminating Engineering Society of North America  
U.S. Green Building Council  
U.S. Department of Energy



**Advanced Energy Design Guide  
for Medium to Big Box Retail Buildings**

Achieving 50% Energy Savings  
Toward a Net Zero Energy Building



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**Advanced Energy Design Guide  
for Grocery Stores**

Achieving 50% Energy Savings  
Toward a Net Zero Energy Building

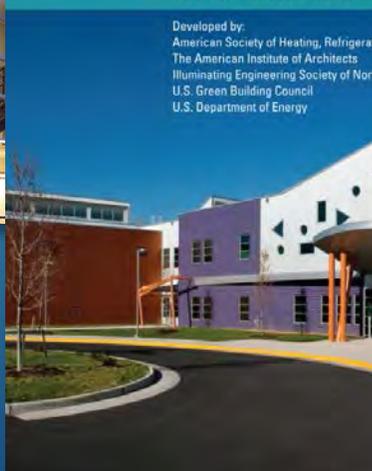


Developed by:  
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**Advanced Energy Design Guide  
for K-12 School Buildings**

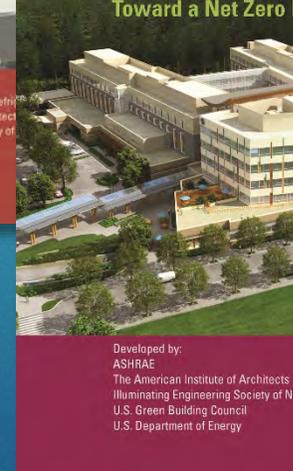
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**Advanced Energy Design Guide  
for Large Hospitals**

Achieving 50% Energy Savings  
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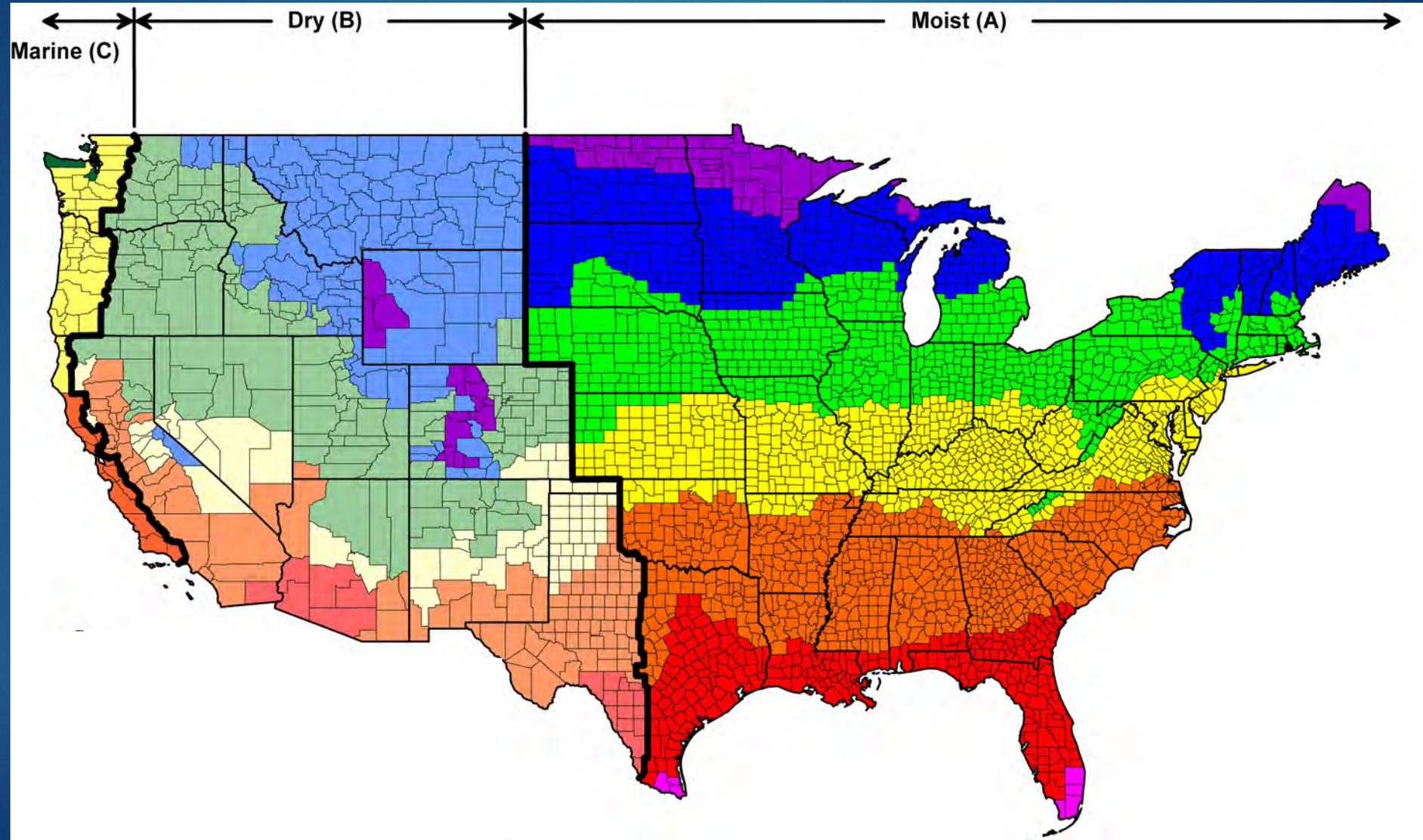


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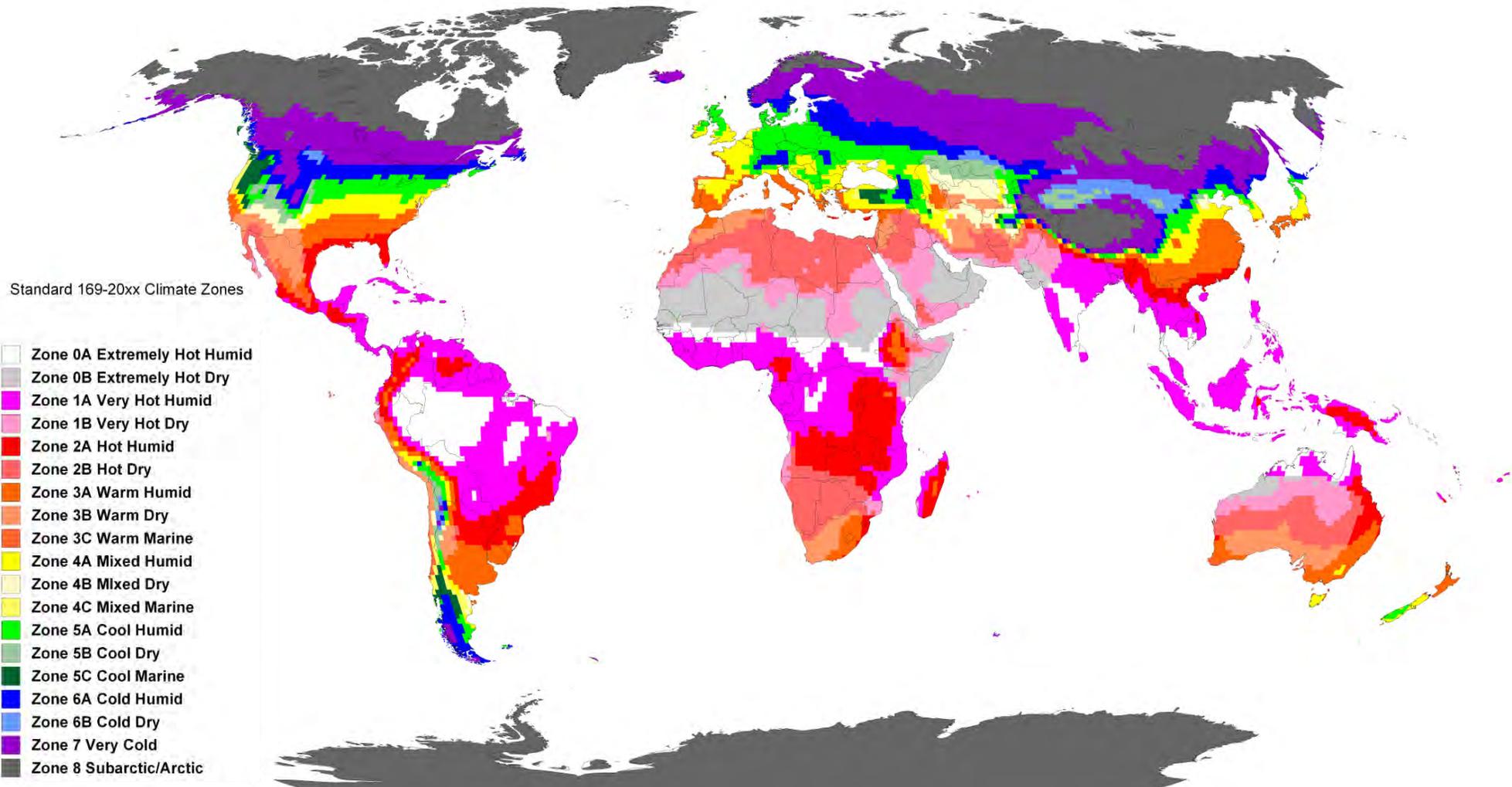
# What are the 50% AEDGs?

- ▶ A way, but not the only way to build energy-efficient buildings that use significantly less energy than a minimum code-compliant building
- ▶ At least 50% energy savings as compared to ANSI/ASHRAE/IESNA Standard 90.1-2004
- ▶ 50% progress toward a net zero energy building

# Recommendations by Climate Zones



# World Climate Zones -- Standard 169-2013





# High Performance Buildings Examples

## GREENSBURG K-12 SCHOOL

Greensburg K-12, a 120,000 ft<sup>2</sup>, two-story facility located in Greensburg, KS, accommodates 375 students from pre-kindergarten through high school. The campus includes a library, a cafeteria, a kitchen, science labs, two gymnasiums, an art/music wing, courtyards, playgrounds, and a football stadium. After 95% of the town was destroyed by an EF5 tornado in May of 2007, the school was rebuilt as part of Greensburg's plan for a model "eco-community." Ground was broken on the facility in October of 2008, and the school's grand opening was held in August of 2010.

Designed to achieve the U.S. Green Building Council's LEED for Schools Platinum designation, Greensburg K-12 anticipates a 60% energy-use cost savings. Energy analysis modeling of this school versus an ASHRAE/IESNA Standard 90.1-compliant building of the same size and shape indicates a reduction of more than 50% before adding savings gained from the 50 kW on-site wind turbine, which could provide an additional 10% in annual electricity savings.

As part of Greensburg's overall plan of efficiency and sustainability, Greensburg K-12 was designed from the ground up to be an environmentally responsible model school. Many techniques were used to make the most efficient use of materials and energy.

### Thermal Envelope

The walls and parts of the roof are insulated with R-30 to R-40 rated structural insulated panels in order to eliminate heat/cold migration through the exterior building envelope that can occur with more traditional metal stud framing. Overhangs on the south-facing windows reduce summer solar gains and allow winter passive solar tempering for more energy efficiency.

### Lighting

The school was built facing east-west to make use of abundant daylight from north and south for both lighting and winter heating. Daylighting is used in all regularly occupied spaces:

- The classrooms and hallways are naturally lit to diminish the need for electric lighting and to improve student performance.
- Electronic timer light switches, indoor occupancy switches, and photoelectric switches are used to manage lighting levels and power usage.



Greensburg School Building Exterior  
Source: U.S. Green Building Council (USGBC) LEED

- Skylights are used to reduce the use of electricity during daylight hours and to provide plenty of light to corridors and other common areas.

### HVAC

Heating and cooling are supplied by a hybrid closed-loop GSHP system, combined with a fluid cooler, through almost one hundred 410 ft deep vertical wells. A sensor-controlled outdoor air system lets in outdoor air as needed. The heating and hot-water system are electric to best utilize both the on-site wind turbine as well as the abundant energy produced by the Greensburg wind farm. Carbon dioxide sensors control a dedicated outdoor air system with energy recovery ventilators to provide outdoor air ventilation as needed. All classrooms and most of the offices have operable windows in order to allow natural ventilation.

### Other Sustainable Features

- Operable windows provide natural ventilation in classrooms, offices, and other spaces.
- An on-site wind generator provides 50 kW of power that supplements the 12.5 MW generated from the community wind farm.
- Rainwater is captured and stored, and bioswales are used to filter parking lot runoff. Waterless urinals and low-flow fixtures, faucets, and toilets minimize water usage.



(Right) Interior Hallway and (Left) Daylighted Classroom

Source: McGraw-Hill Construction (courtesy of USGBC)



Pump for Closed Loop Hybrid Heat Pump System

Source: Greensburg GreenTown (courtesy of USGBC)

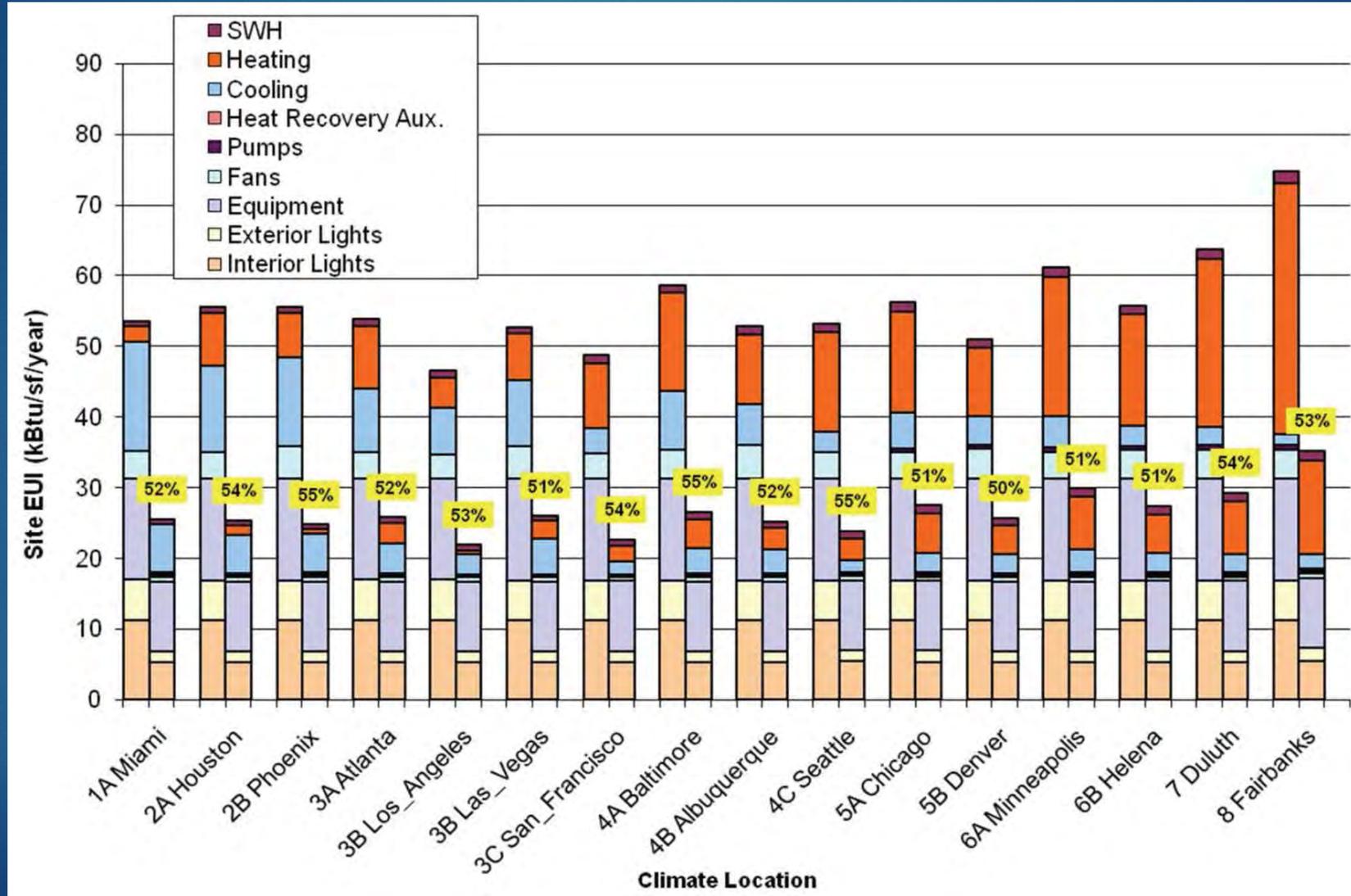
# Prescriptive Recommendations:

- ▶ Envelope – insulation, vestibules
- ▶ Fenestration – FFR, SHGC, VT, sun control
- ▶ Daylighting – % of floor area
- ▶ Interior Lighting – LPD, ballasts, controls
- ▶ Exterior Lighting – facades, parking lots
- ▶ Plug Loads – equipment, controls, kitchen
- ▶ SWH/ HVAC systems
  - ▶ VAV-DOAS, FCU-DOAS, GSHP-DOAS
- ▶ Quality Assurance – Cx, M&V, benchmarking

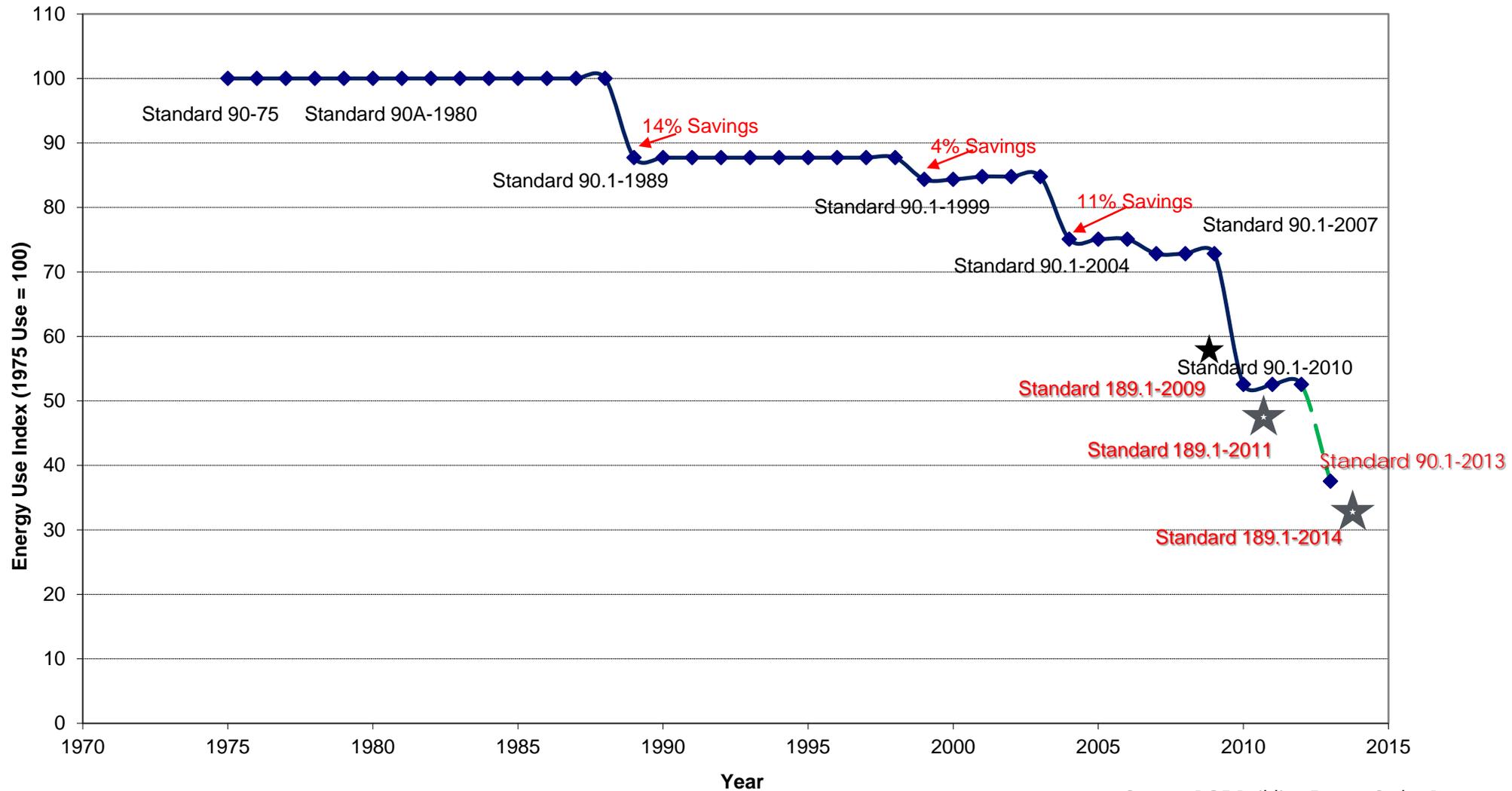
# Additional Bonus Savings

- ▶ Additional HVAC Systems
  - ▶ Natural Ventilation, Evaporative Cooling, IAQP
  - ▶ Thermal Storage, Thermal Mass
  - ▶ Thermal Displacement Ventilation
- ▶ Renewable Energy
  - ▶ Photovoltaic, Wind Turbine
  - ▶ Transpired Solar Collector
  - ▶ Power Purchase Agreements

# Medium Office with Radiant Heating & Cooling System



# Increased Stringency Standards 90.1/189.1



Source: DOE Building Energy Codes Program



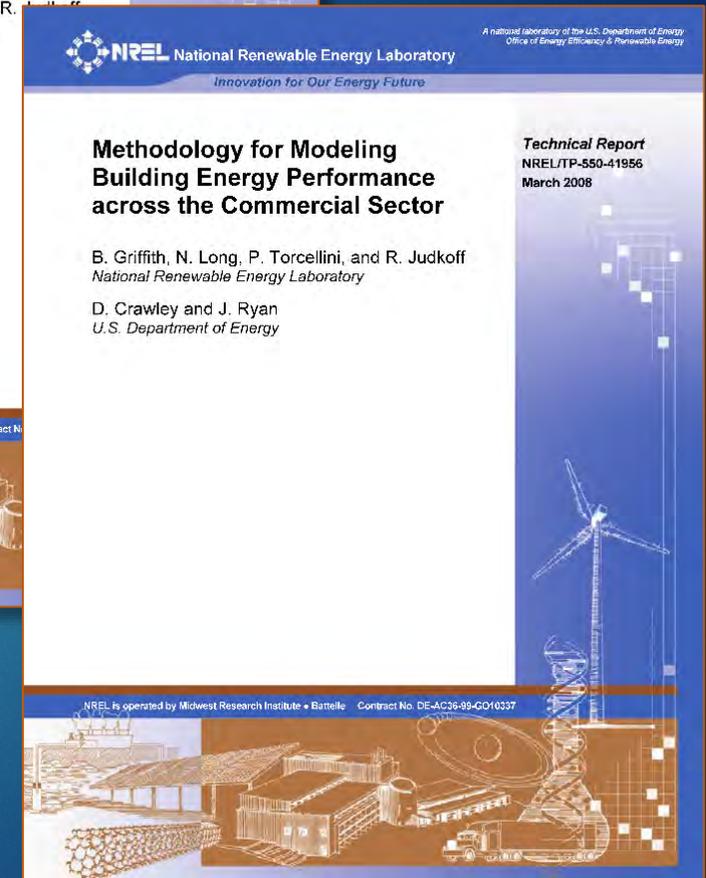
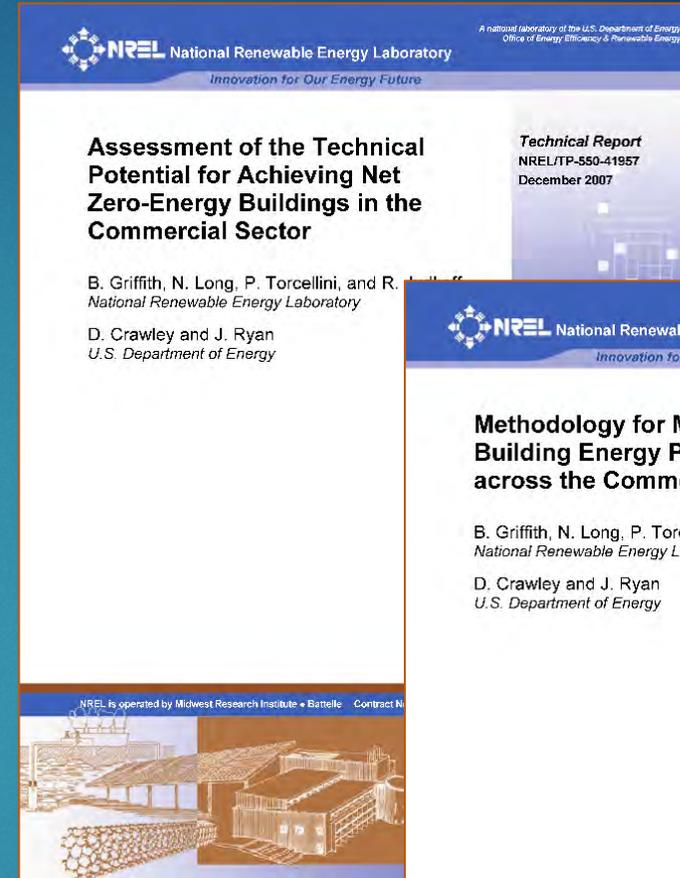
Can we get to Net Zero Energy  
Buildings?

# Technical Potential

- ▶ Assessment of the Technical Potential for Achieving Net Zero-Energy Buildings in the Commercial Sector  
[www.nrel.gov/docs/fy08osti/41957.pdf](http://www.nrel.gov/docs/fy08osti/41957.pdf)

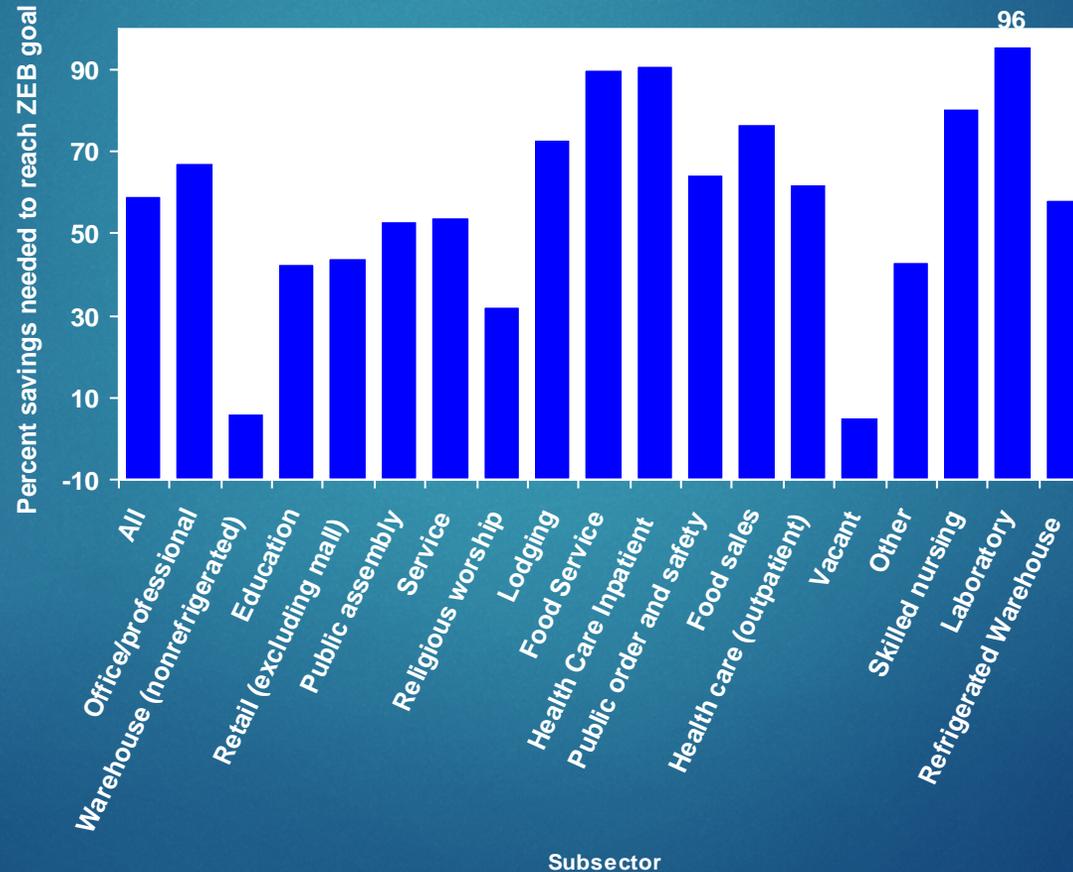
- ▶ Methodology for Analyzing the Technical Potential for Energy Performance Across the Commercial Sector  
[www.nrel.gov/docs/fy08osti/41956.pdf](http://www.nrel.gov/docs/fy08osti/41956.pdf)

- ▶ ASHRAE initiated a new research project (1651-RP) in 2013 to update this analysis and produce new results for future ASHRAE Standards development. Results due in 2016. Initial savings of another 45+% over 90.1-2010

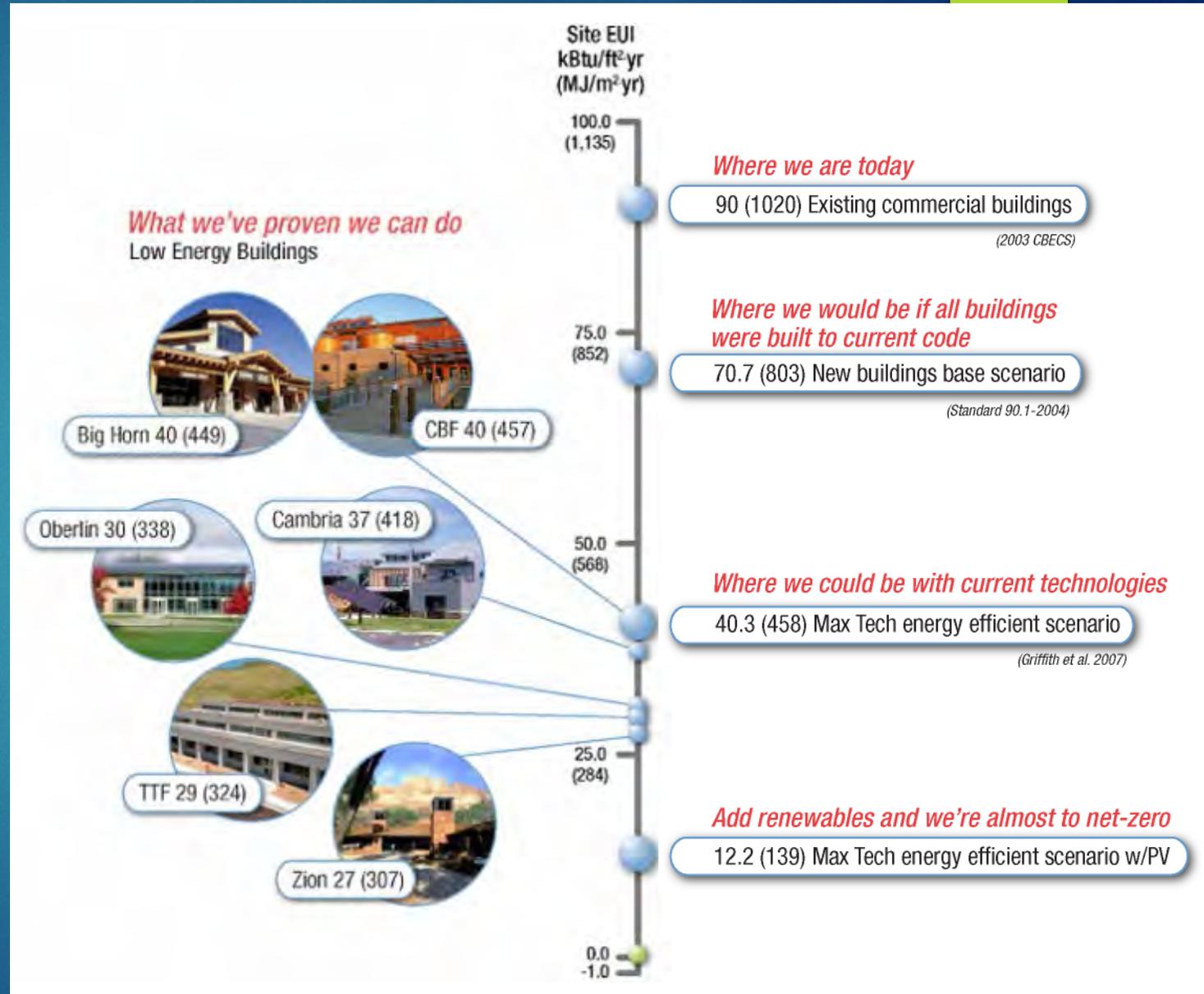


# Energy Efficiency

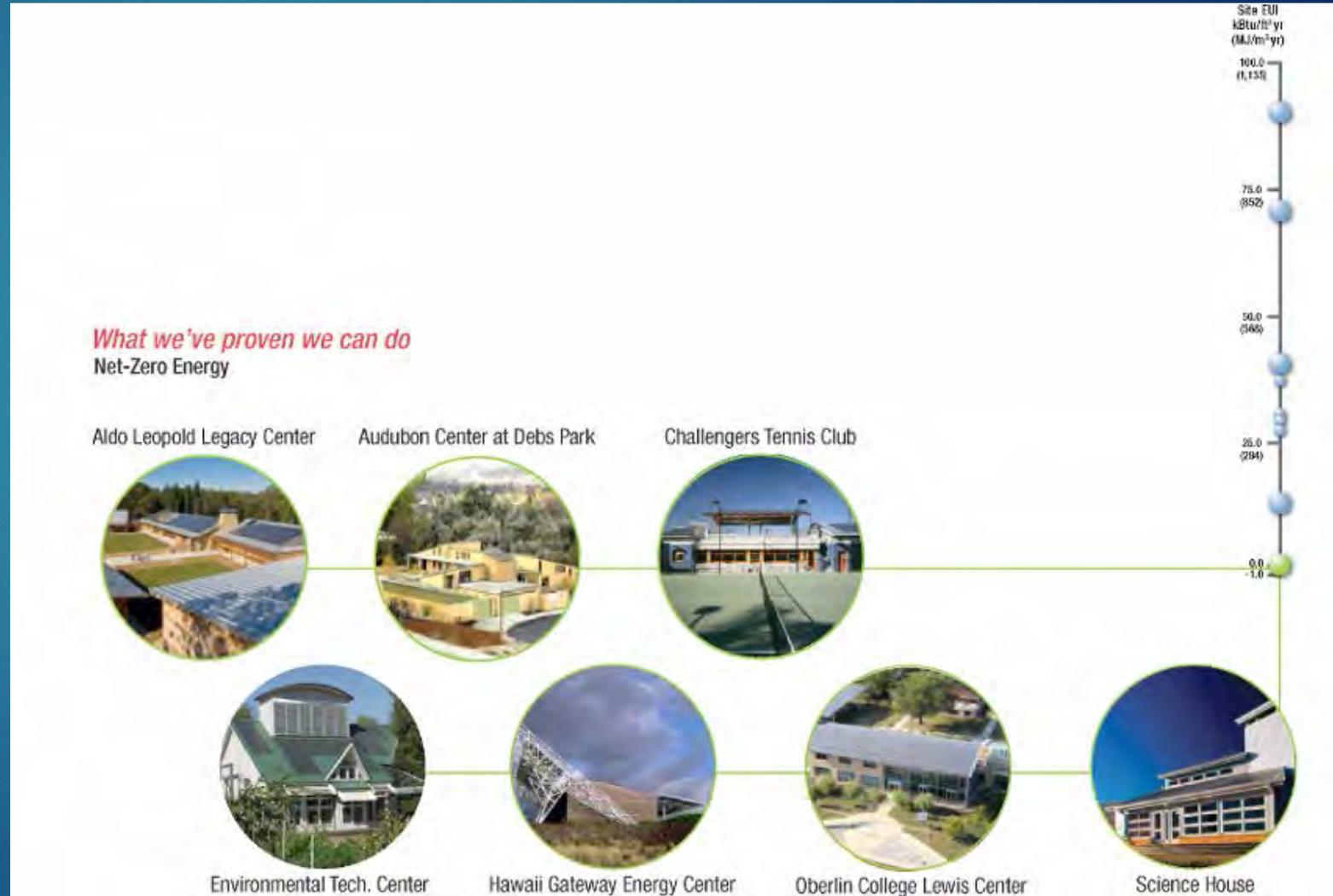
Need 60% to 70% decrease in energy consumption of commercial buildings in order for renewables to supply the balance



# Great Potential in Commercial Buildings



# Great Potential: Real ZEB Commercial Buildings



# NREL RSF → LARGE ZEB!

Department of Energy  
National Renewable Energy Lab  
Research Support Facilities (RSF)



# Objectives

- ▶ Critical

- ▶ Safety
- ▶ LEED Platinum
- ▶ Energy Star

- ▶ Goal

- ▶ 220,000 ft<sup>2</sup>
- ▶ 800 people
- ▶ 35 kBtu/ft<sup>2</sup>-yr
- ▶ 100 kW data center
- ▶ Flexible
- ▶ BIM / energy model
- ▶ Complete in 2010

- ▶ Stretch

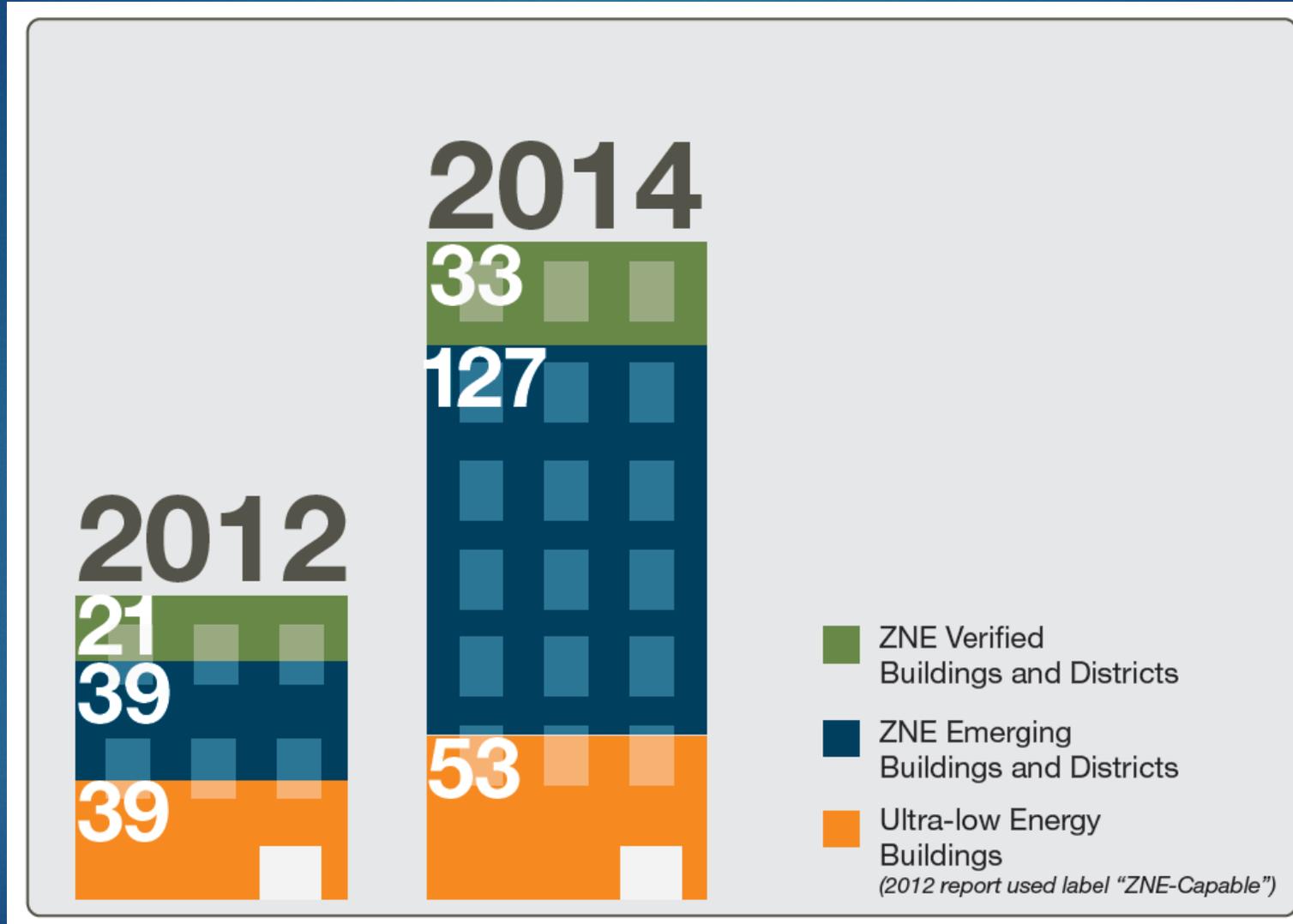
- ▶ Net zero energy
- ▶ Most energy efficient building in world
- ▶ LEED Platinum Plus
- ▶ ASHRAE 90.1 + 50%

# What did they achieve?

- ▶ LEED Platinum 58 of 69 LEED-NC points
- ▶ Operating at net zero-energy including roof and site mounted PV
- ▶ Energy use: 35.4 kBtu/ft<sup>2</sup>-yr
- ▶ vs predicted 35.1 kBtu/ft<sup>2</sup>-yr
- ▶ Peak plug loads of 0.35 W/ft<sup>2</sup> vs predicted 0.55 W/ft<sup>2</sup>
- ▶ 100% of workstations are daylight
- ▶ Peak LPD of 0.3 W/ft<sup>2</sup>
- ▶ PV meeting load since July 2011
- ▶ Workspace for 1300 staff, 360,000 ft<sup>2</sup>
- ▶ [http://www.nrel.gov/sustainable\\_nrel/rsf.html](http://www.nrel.gov/sustainable_nrel/rsf.html)



# Many new ZEBs and ZECs!



# NZEB of the Future? Probably More Like NREL RSF



# Or These Recent NZE Buildings



# Summary

- ▶ Today's energy standards are pushing buildings to use 60% less energy than buildings 40 years ago
- ▶ Beyond those energy standards and codes:
  - ▶ Possible today to cost-effectively construct buildings that use substantially less energy
  - ▶ Guidelines exist to help designers those savings another 50%
- ▶ Low and net zero energy buildings are being constructed and operated today

# No Single Metric Tells the Story of Building Performance

- ▶ Energy
- ▶ Demand
- ▶ Cost
- ▶ Water
- ▶ IEQ
- ▶ Carbon
- ▶ Business  
(student, occupied room, sales, beer)

Thank you

Dru Crawley

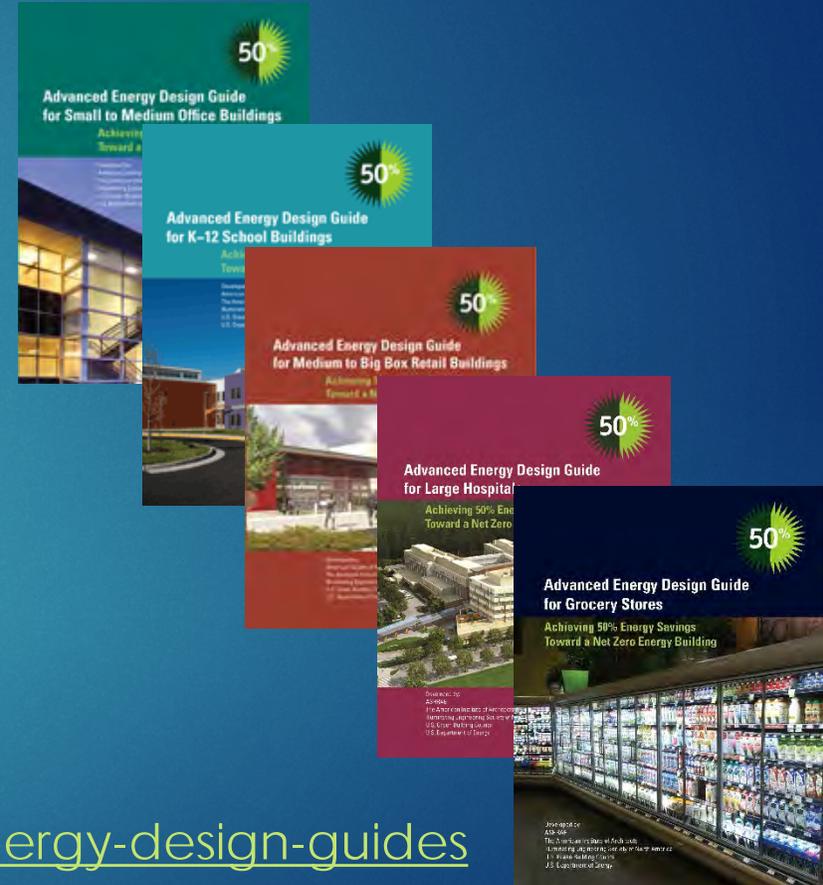
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# 50% AEDGs Available

- ▶ Small to Medium Offices
  - ▶ K-12 Schools
  - ▶ Medium to Big Box Retail
  - ▶ Large Hospitals
  - ▶ Supermarkets
- ▶ All the AEDGs available as free PDF download from: [www.ashrae.org/aedg](http://www.ashrae.org/aedg)
- ▶ Technical support documents describing the process and results are available here: <http://energy.gov/eere/buildings/advanced-energy-design-guides>



# More on the NZEB NREL Research Support Facility

- ▶ NREL RSF web site:
  - ▶ [http://www.nrel.gov/sustainable\\_nrel/rsf.html](http://www.nrel.gov/sustainable_nrel/rsf.html)
- ▶ "The Design-Build Process for the Research Support Facility"
  - ▶ <http://www.nrel.gov/docs/fy12osti/51387.pdf>
- ▶ Energy Performance Update
  - ▶ [http://www.nrel.gov/sustainable\\_nrel/pdfs/rsf\\_operations.pdf](http://www.nrel.gov/sustainable_nrel/pdfs/rsf_operations.pdf)
- ▶ Reducing Data Center Loads for a Large-Scale, Net Zero Office Building
  - ▶ [http://www.nrel.gov/sustainable\\_nrel/pdfs/52785.pdf](http://www.nrel.gov/sustainable_nrel/pdfs/52785.pdf)