



celebrate Thanksgiving
with a
**Random Act of
Kindness**

November 21, 2016

#ShowSomeLoveCFC

The fourth and final *Show Some Love* day celebrates Thanksgiving by encouraging random acts of kindness. With the holiday season approaching, it is the perfect time of year to show some kindness to those around you. Consider sharing online by using #ShowSomeLoveCFC, especially if you are the recipient of a kind act. Encourage co-workers, family and friends to take part as well.

Get involved:

- Buy coffee for the person behind you in line
- Pay the parking fee for another car
- Give someone a compliment
- Donate gently used clothing to someone in need
- Leave a note of encouragement for a co-worker
- Have a conversation with someone you wouldn't normally talk to
- Proactively help your boss check a task off his or her to-do list