



# Optimizing Pharmaceutical Formulations

### Rahil Verma

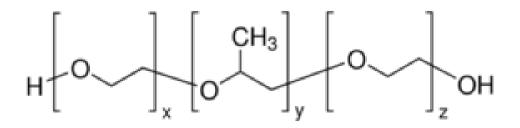
Intern for Dr. Rachel Ford

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SURF Colloquium, August 1-3 2023

# Background

- Protein drug formulations include active protein, preservatives, and surfactants among other excipients
- Surfactants used to keep protein dispersed evenly in solution
- Preservatives used to prevent microbial growth
- Ideally maximize antimicrobial strength while remaining evenly dispersed in solution



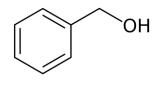
Poloxamer 188 8780 g/mol  $x = z \approx 80$ ;  $y \approx 30$ 



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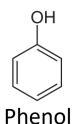


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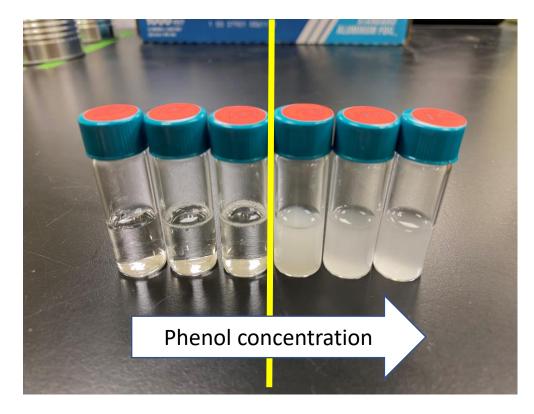
Benzyl alcohol



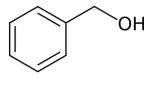


Problem

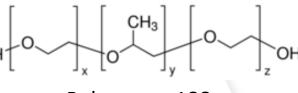
- Surfactants used to stabilize protein
- Surfactants and preservatives are aggregating below solubility limits
  - Phenol solubility is 84 mg/mL
  - Poloxamer 188 solubility is > 400 mg/mL
- Aggregation → less stable → degrade function, trigger immune response



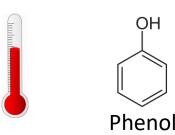
Turbidity boundary @ 7 mg/mL phenol



Benzyl alcohol

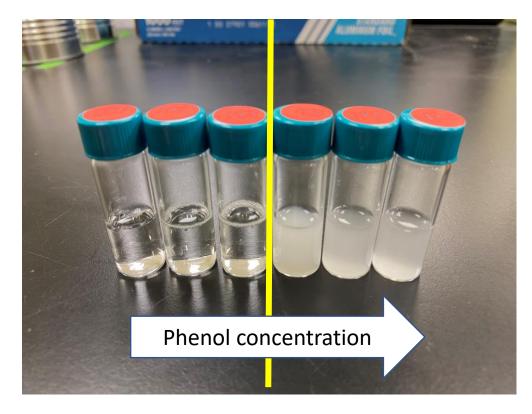


Poloxamer 188

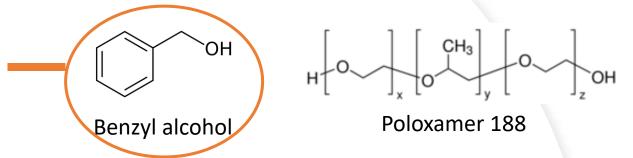


### Goal

- Create phase diagrams at varying conditions (Clear/Turbid)
  - Turbidity boundary is the first sample in phenol spectrum to exhibit turbidity
- Investigate impact of surfactants, preservatives, and temperature on stability of formulation
- Provide pharmaceutical industry with range of stable concentrations

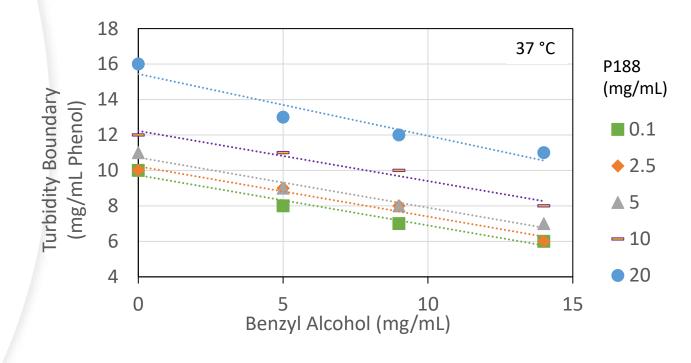


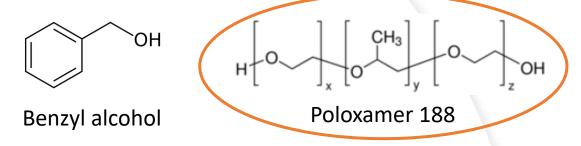
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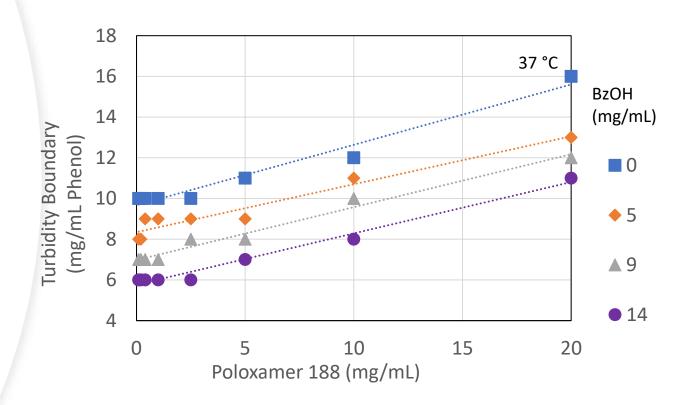
# Effect of Benzyl Alcohol

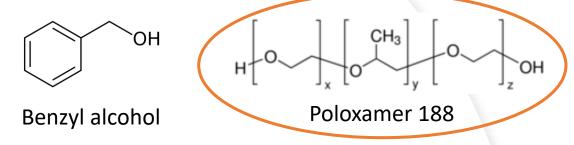
- Used as preservative
- Combined w/ phenol = more effective antimicrobial while below dose limits
- Decreases turbidity boundary by 0.28 mg/mL phenol per 1 mg/mL increment of benzyl alcohol



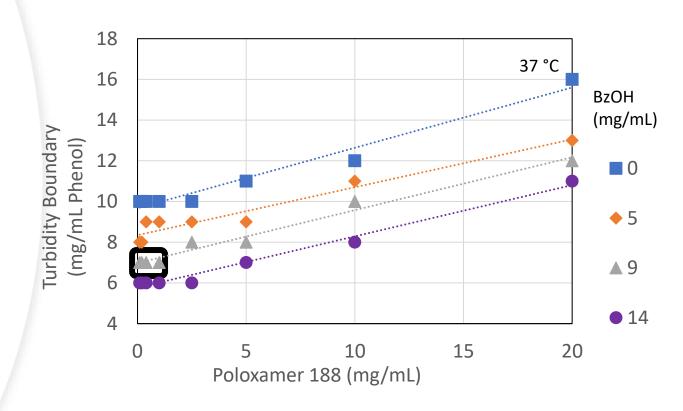


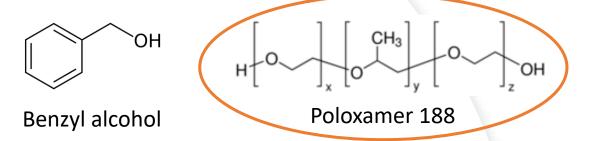
- Commonly used as a surfactant
  - Consistency in production
  - Not susceptible to hydrolysis
- Increases turbidity boundary by 0.26 mg/mL phenol per 1 mg/mL increment of P188



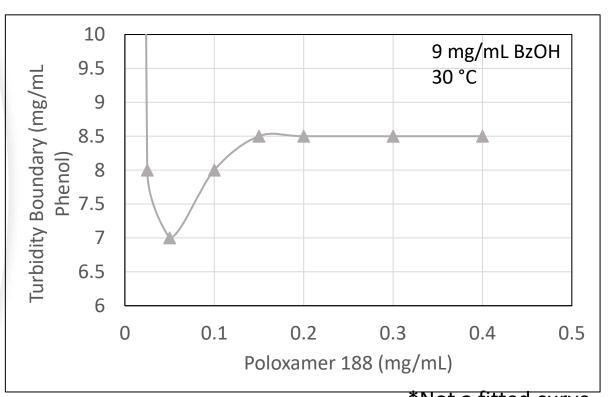


- Commonly used as a surfactant
  - Consistency in production
  - Not susceptible to hydrolysis
- Increases turbidity boundary by 0.26 mg/mL phenol per 1 mg/mL increment of P188
- Drug formulations typically use 0.2–0.6 mg/mL P188





- Below 0.05 mg/mL P188 opposite effect occurs
  - In absence of poloxamer 188 turbidity boundary ~80 mg/mL phenol
  - But poloxamer 188 increases turbidity boundary



\*Not a fitted curve

$$H = O$$
 $X = O$ 
 $X$ 

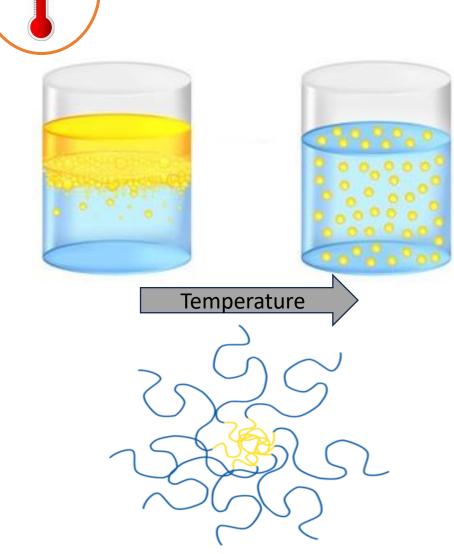


Benzyl alcohol

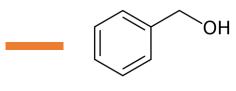
Poloxamer 188

# Effect of Temperature

- Heating hydrophobic molecules like phenol and benzyl alcohol helps dissolve in water
- Poloxamer 188 has opposite relationship, T ↑ solubility ↓
- Which effect is most prominent?



Poloxamer 188 micelle



H = O X

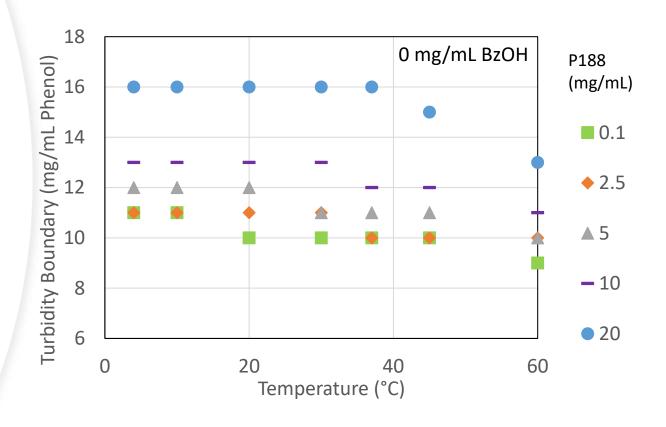


Benzyl alcohol

Poloxamer 188

# Effect of Temperature

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- Temperature decreases turbidity boundary



H = O X

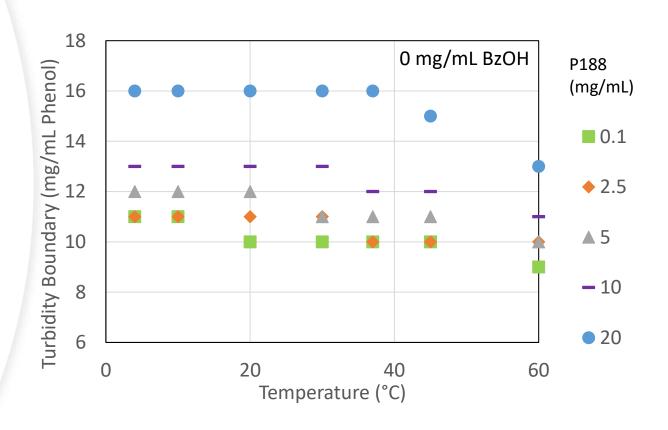


Benzyl alcohol

Poloxamer 188

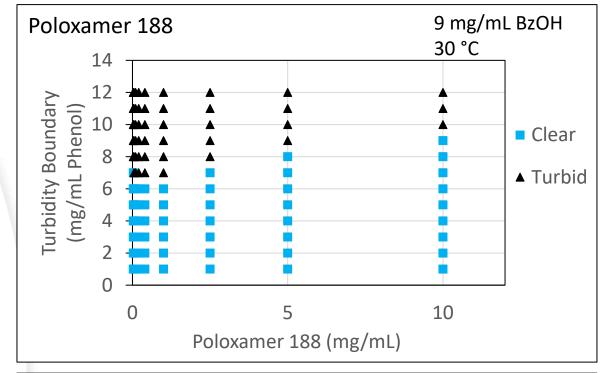
# Effect of Temperature

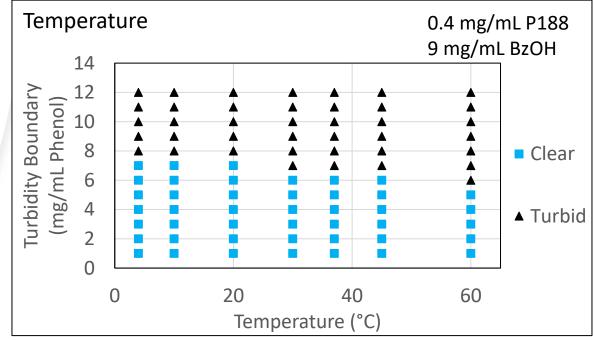
- Two regimes of turbidity
- 37 °C is critical micelle temperature for poloxamer 188
- Hypothesized mechanism for aggregation:
  - Poloxamer 188 T ↑ solubility ↓
  - Phenol prefers polypropylene oxide block over water



### Conclusion

- Provide a range of stable concentrations for pharmaceutical use
- Pharmaceutical formulations typically:
  - 0.2–0.6 mg/mL poloxamer 188
  - 9 mg/mL benzyl alcohol
- Phenol < 7 mg/mL</li>





# Acknowledgements

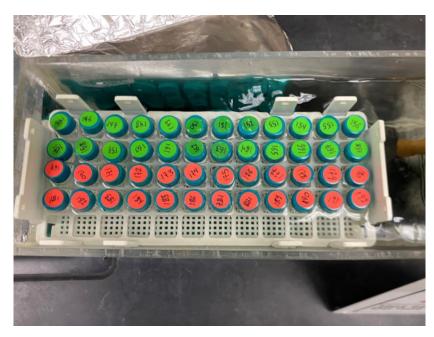
- Center for High Resolution Neutron Scattering, funding the SURF program at the NCNR
- Dr. Rachel Ford, amazing mentor
- The friendly scientists and staff at the NCNR



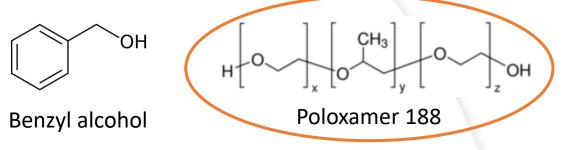


# Experimental Design

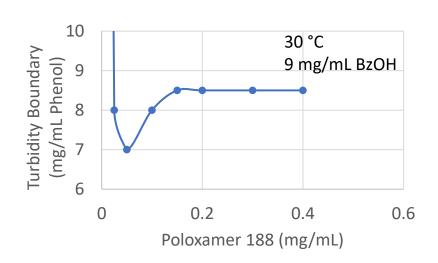
- Create samples varying phenol, poloxamer 188, and benzyl alcohol
- Place in temperature bath
- Record phase (T/C) at varying temperatures
- All samples repeated at least once for reproducibility



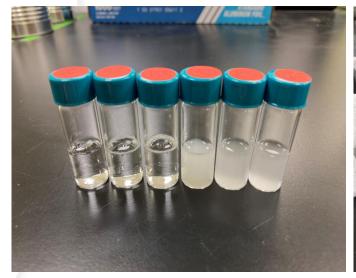


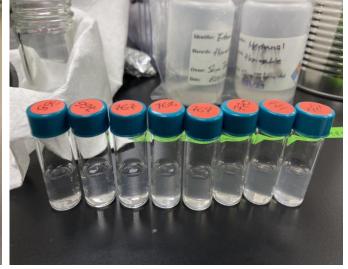


- Below 0.05 mg/mL
   P188 opposite effect occurs
  - In absence of poloxamer
     188 turbidity boundary ~80
     mg/mL phenol
  - But poloxamer 188 increases turbidity boundary
- Turbidity likely caused by micellization



\*Not a fitted curve





0.2 mg/mL poloxamer 188

0.025 mg/mL poloxamer 188

$$H = O$$
 $X = O$ 
 $X$ 

Poloxamer 188 Molecular weight: 8780 g/mol

Polysorbate 20 Molecular weight: 1226 g/mol

$$HO(O)_{z}OOO$$

$$WOH$$

$$W+x+y+z=20$$
Polysorbate 80

Molecular weight: 1310 g/mol