# How to Help Interns Stay on the Yellow Brick Road to a Career in Cybersecurity

Engage Your Cybersecurity Interns and Bring Out Their Best Qualities



# **The Fantasy**





# **The Reality**





# **Attract People to the Road**

- The best way is by showing that it is a calling, an honorable path
  - Computer systems are needed to keep our society running
  - They can't exist without people to protect them
  - This is the space race of the early 21<sup>st</sup> century
- This career will allow you to spar with some of the smartest people on the planet





### Create the Start of the Road

### Give them "on-ramps"

- Build a specific recruiting portal
- Create specific intern positions

#### Help them take their first steps

- Resume writing workshops
- Help decide areas of interest

### Give them special orientation

- Interns need to know different things
- Allows them to network

#### Give interns levels to accomplish

Allows for multi-year progression

#### JOHN DOE

Full Address • City, State, ZIP • Phone Number • E-mail

#### OBJECTIVE: Design apparel print for an innovative retail company EDUCATION: UNIVERSITY OF MINNESOTA College of Design Bachelor of Science in Graphic Design May 2011 Cumulative GPA 3.93, Dean's List Twin cities Iron Range Scholarship WORK EXPERIENCE: AMERICAN EAGLE City, State July 2009 - present . Collaborated with the store merchandiser creating displays to attract clientele Use my trend awareness to assist customers in their shopping experience Thoroughly scan every piece of merchandise for inventory control · Process shipment to increase my product knowledge City, State Aug. 2008 - present Sell retail and memberships to meet company sales goals Build organizational skills by single handedly running all operating procedur Communicate with clients to fulfill their wants and needs Attend promotional events to market our services Handle cash and deposits during opening and closing Received employee of the month award twice HEARTBREAKER May 2008 - Aug. 2008 Stocked sales floor with fast fashion inventory Marked down items allowing me to see unsuccessful merchandise in a retail market Offered advice and assistance to each guest Jan. 2006 - Feb. 2009 Fashion Representative Applied my leadership skills by assisting in the training of coworkers Set up mannequins and displays in order to entice future customers Provided superior customer service by helping with consumer decision Took seasonal inventory VOLUNTEER EXPERIENCE:

Represented Periscope Marketing and Target Inc. at a college event
 Engaged University of Minnesota freshman in the Target brand experience



City, State August 2009

TARGET CORPORATION

### Create the Start of the Road

#### Clear the way with your managers

- Expose them to value of "new eyes"
- Intern positions take attention, not just money
- Prepare the managers for the work of having an intern

#### Create work specifically for interns

- Break off work into small chunks
- Make sure that work makes a difference
- Allow them to work together
- Mix project and everyday work
- Make clear goals and expectations
- Not charity, have them make a difference





# **Keep Them on the Road**

#### Assign them a mentor

- Model the behavior you would like them to follow
- Help them understand the subtleties of work
- Help them through the bureaucracy
- Help cover intern technical gaps





# **Keep Them on the Road**

### Build esprit de corps

- Create specific intern events
- Create levels of capability for intern-to-intern mentoring
- Make them feel wanted
- Pique their interest in cyber security
- Expose them to your organization's senior management
- Give them food





# **Keep Them Moving on the Road**

- Interns some assembly required
  - Don't reject them because they don't have all skills on day one
- If you invest in them, they will respect you
  - Think of them as brand ambassadors for your intern program
- Check in from time-to-time
  - An internship can be overwhelming
  - Cut their red tape



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# **Keep Them Moving on the Road**

#### Provide them courses

- Not just the compliance ones
- Have them identify what technical training is needed
- Look at http://opensecuritytraining.info
- Include threat actor classes, best way to show importance

#### Give them time to learn

- Tell them to do this
- Give it time to sink in





# **Don't Block Their Progress**

#### Interns are coming from a much more open culture

- University resources
- Personal equipment
- They may have cloud computing accounts
- They are used to being connected to their friends

#### Corporate restrictions could be jarring

 Some government agencies block webmail, chat, and social media tools

- Do you block "hacking" sites?
- High bandwidth to the Internet?

### Stifling Restrictions

- Circumvention
- Disengagement
- Lack of conversion





# **Don't Block Their Progress**

- You will have to build/use a lab
  - Percentage of lab time during the week
- You must provide them with tools
  - A corporate laptop (let them work where they want)
  - Access to VM infrastructure, routers, malware jail
  - Access to the Internet on a DMZ
- What you can provide
  - Access to data
  - Experts to help them





## Give Them a Safe Place During Their Travels

- You will need to explicitly tell them
  - Don't try to break into things without permission
  - Don't jeopardize a possible background check
- DoD and energetic materials
- Many things that many of us did when we were young were not

illegal

They are now





# Give Them a Safe Place During Their Travels

- WebGoat and other platforms to learn attacking skills
- Foster participation in Capture-the-Flag competitions
  - Structure and conduct one if you can
- Provide them with workspaces that they can break even accidentally
- Encourage and support trial-and-error
  - Engineers use it every day to discover and learn





# The End of the Road Should Not Be the End of the Road

- Talk with each intern to evaluate the experience
- What is the right timeline for the intern and your organization?
- What kind of work does the intern want to do upon returning?
- Will your organization be able to support that interest?
- As a manager, plan for a percentage of returning interns either as interns or employees





# The End of the Road Should Not Be the End of the Road

- Do you assign a mentor for their "between-internship?"
  - Provide frameworks for mentors
  - Provide help for school projects
- Do you identify alums?
  - Your intern program builds esprit de corps
  - Create email lists, social groups for alums





# **Last Request**

- If you know of someone who wants to be a cyber security intern
  - Look us up on MITRE at <u>www.mitre.org/student</u>
  - Twitter @MITREonCampus





## **Thank You for Your Time**



