# Evaluating Building Ventilation Strategies Using Newly-Developed TRNSYS/CONTAM Simulation Capabilities

W. Stuart. Dols Steven J. Emmerich Brian J. Polidoro

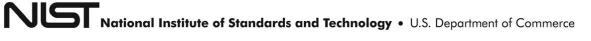
Engineering Laboratory, National Institute of Standards and Technology 100 Bureau Drive Gaithersburg, MD 20899

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#### Abstract

Building energy analysis tools are available in many forms that provide the ability to address a broad spectrum of energy-related issues in various combinations. Often these tools operate in isolation from one another, making it difficult to evaluate the interactions between related phenomenon and interacting systems, forcing oversimplified assumptions to be made about various phenomena that could otherwise be addressed directly with another tool. One example of such interdependence is that between heat transfer, inter-zone airflow and indoor contaminant transport. In order to better address these interdependencies, the National Institute of Standards and Technology (NIST) has developed an updated version of the multi-zone airflow and contaminant transport modelling tool, CONTAM, and developed a set of utilities to enable coupling of the full CONTAM model with the TRNSYS simulation tool in a more seamless manner and with additional capabilities than were previously available. This paper provides an overview of these new capabilities and applies them to simulating a medium-size office building. Simulations address the interaction between whole-building energy, airflow and contaminant transport in evaluating various ventilation strategies including natural and demand-controlled ventilation.

**Keywords** airflow modelling, CONTAM, contaminant transport, coupled models, energy modelling, multizone modelling, TRNSYS

#### 1 Introduction

Design and analysis of building systems involves a wide range of disciplines and tools to address the many aspects of building performance including energy use, indoor air quality (IAQ), lighting, etc. NIST develops and applies simulation tools that address IAQ and ventilation of the built environment and the interaction between these and other building characteristics, e.g., energy use. Recently, NIST has enhanced existing tools and developed new tools to address the interaction between building airflow, heat transfer and contaminant transport. In some cases, these development efforts are geared toward providing integration between existing tools to address a general category of phenomenological interaction, e.g., airflow and heat transfer. In other cases, the new tools address a specific design problem, e.g., natural ventilation. The following is a list of recent developments, and details of each are provided below along with brief presentations of applications to the design and analysis of building ventilation systems.

#### **CONTAM** (modified)

Allows external control by and exchange of data with other software and provides for scaled, rectilinear drawing of building floor plans

#### CONTAM3DExport (new tool)

Extrudes CONTAM project files to three dimensions and creates *TRNSYS3d* and *EnergyPlus* compatible IDF format files

#### Type 98 (new tool)

Provides coupling between CONTAM and TRNSYS calculations

#### Type56-98Coupler (new tool)

Provides for seamless data exchange between TRNSYS Type 56 and Type 98 during project definition phase

#### Climate Suitability Tool (new tool)

Incorporates adaptive thermal comfort analysis when evaluating the climate of a building site for potential implementation of natural ventilation at the preliminary design stage

LoopDA (modified)

Provides for sizing airflow openings for natural ventilation systems in the design phase

## 2 Building Simulation Software Tools

The first four tools listed above were modified or developed to address the dynamic interaction between heat transfer, airflow and contaminant transport. The last two tools were developed to enable designers to better address natural ventilation within the building design process. However, the enhanced coupling capabilities provided by the first four tools also provides for the analysis of natural ventilation systems in a manner that greatly improves upon existing capabilities.

# 2.1 Improved Heat Transfer, Airflow and Contaminant Transport Coupling

NIST develops and maintains the CONTAM whole-building, multizone airflow and contaminant transport simulation tool [1-3]. CONTAM accounts for the interaction between external driving forces (ambient temperature and wind) and internal mechanisms (building ventilation system airflows) to determine resultant pressures and airflows across internal and external building partitions. It then accounts for external and internal contaminant sources and removal mechanisms to calculate contaminant transport associated with the previously determined airflows. However, CONTAM relies

on user-defined values for internal temperatures. As such, it is better suited for the analysis of mechanically conditioned systems wherein the assumptions of known temperature set-points being met are more reasonable. In order to address this limitation, a form of CONTAM has previously been integrated with the **TR**a**N**sient **SY**stems **S**imulation (TRNSYS) [4] tool, which can perform whole-building multizone heat transfer calculations but requires the input of infiltration and inter-zone airflow rates.

TRNSYS [4] has a modular structure that enables multiple energy-related systems to be considered together within a single simulation environment. Modules are referred to as Types. TRNSYS includes many Types and allows users to develop custom Types for their purposes. TRNSYS Version 17 includes two types that allow for the simulation of multizone building heat transfer and airflow, Type 56 and Type 97, respectively [5]. Type 97 is based on a subset of capabilities of CONTAM including: modeling inter-zone airflows based on a limited number of the mathematical airflow elements available in the current version of CONTAM, and modeling ventilation systems using CONTAM's simple air handling system. This coupling was done in a manner referred to as the "onion" [6] approach, whereby iteration occurs between the modules within each time step until convergence is obtained and then the simulation proceeds to the next time step. There are several limitations to the current coupling method via Type 97 including:

- no contaminant transport modeling,
- does not utilize CONTAM's full duct model,
- connections with Type 56 not formed automatically , and
- does not "evolve" with new versions of CONTAM as it is continuously enhanced.

NIST has addressed these limitations by developing a method and a new TRNSYS Type 98 to more fully couple the simulation engine of CONTAM (referred to as *ContamX*) with TRNSYS. The overall approach between the heat transfer and airflow calculations is accomplished via the "ping-pong" method as opposed to the "onion" method. The "ping-pong" method, also referred to as "quasi-dynamic" or loose coupling [7, 8], refers to the coupling between simultaneously running simulation processes, e.g., airflow and heat transfer calculations, whereby data is exchanged only once within each time step, and convergence only occurs within each process, i.e., not between the processes.

In order to improve coordination of the exchange of data between Type 56 and Type 98, NIST modified the CONTAM graphical user interface to enable scaled drawing of building floor plans (within the rectilinear confines of the program), and developed the *CONTAM3DExport* tool to "extrude" two-dimensional CONTAM sketches into a three-dimensional file (IDF file) that can be imported into *Trnsys3d* [9]. Another utility, the *Type56-98Coupler*, aids in generating the associated *proforma* that defines the inputs and outputs of Type 98 and in forming the links between the inputs and outputs of Type 56. Note that *CONTAM3DExport* can also export IDF files that are compatible with *EnergyPlus*, and this capability will be addressed in future efforts.

# Demonstration Case #1: Constant Air Volume (CAV) with CO<sub>2</sub>-based Demand Controlled Ventilation (DCV)

The first demonstration case provides an overview of the coupling process and capabilities based upon the *Medium Office Building* of the U.S. Department of Energy commercial reference building models [10] that have also been developed as CONTAM models [11]. A scale model of the building was drawn in CONTAM, extruded to a *Trnsys3d* IDF file then imported/coupled into the TRNSYS Simulation Studio to create a TRNSYS project file using the *Type56-98Coupler*. This process is detailed in the CONTAM documentation [1]. The model is shown as it appears in the graphical interface of CONTAM (referred to as *ContamW*) and *Trnsys3d* in Figure 1.

# **Case Description**

The building consists of three stories, each having a plenum above the occupied space. Each floor consists of open office space, and there is one air handler per floor. The CONTAM model is slightly modified from the *EnergyPlus* model so that each floor includes a stairwell, elevator and restroom served by a dedicated exhaust system. These three zones are shown in the center of the CONTAM sketch in Figure 1. Their inclusion enables consideration of the impact that these vertical shafts and the dedicated exhaust system have on the building pressures, airflows and contaminant transport.

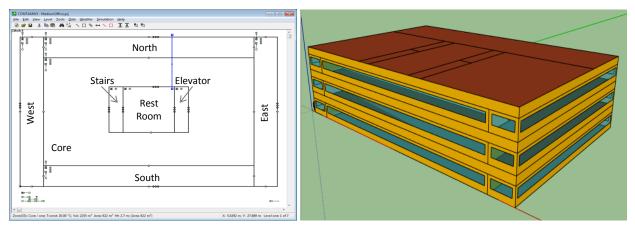


Figure 1 - Medium Office Building model shown in *ContamW* and *Trnsys3d* 

The exchange of airflows, temperatures and system controls between the various software components during simulation is outlined in Figure 2. The coupling between *ContamX* and TRNSYS consists of the following data exchange during each simulation time step:

- ContamX calculates inter-zone, zone infiltration and air handling system airflow rates
- *ContamX* passes these rates to TRNSYS Type 56 via Type 98
- Type 56 performs the heat transfer calculations to determine air node temperatures
- Type 56 passes air node temperatures back to *ContamX* via Type 98

This data transfer is referred to in Figure 2 as the automatic coupling set up by the *Type56-98Coupler* tool. Other coupling was implemented to simulate the HVAC system with DCV control as follows:

- Sensors in the CONTAM model detect the CO<sub>2</sub> concentrations in the return air plenums of the three floors
- The CONTAM control network adjusts the fraction of outdoor air intake for the associated air handling systems based on sensor values, set-point levels and control logic
- The outdoor air fractions determined by CONTAM are passed to TRNSYS via Type 98 and used to control the outdoor air damper position of the ventilation systems with outdoor air intake (Type 664)
- Type 664 mixes outdoor air and return air and delivers the air to the heating (Type 6) and cooling (Type 92) systems arranged in series
- The outlet air temperature from the heating/cooling system is then used to set the temperatures of the ventilation airflow to the air nodes of the Type 56 building model

TRNSYS provides a very diverse set of modules that can be used to develop other systems. The method indicated above is only one example of the many possibilities. There are also many issues that one could address with these coupling capabilities. This case will briefly present potential impacts of air-tightness on a  $CO_2$  DCV system and resultant effects on contaminant levels associated with indoor contaminant sources.

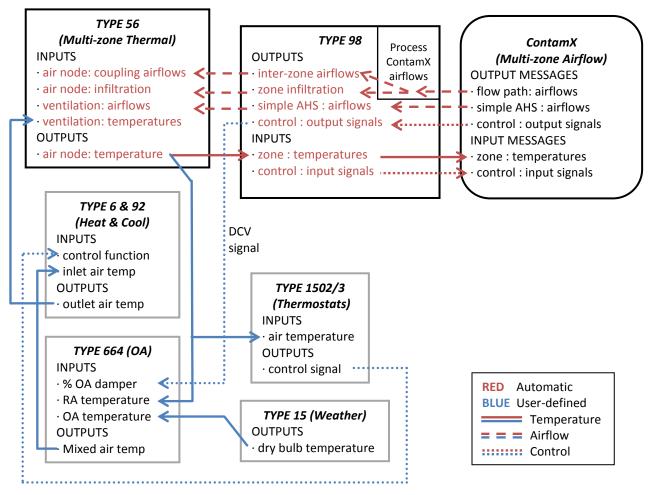


Figure 2 - TRNSYS Type 56/Type 98 input and output coupling diagram for DCV case

# Case Results

The CONTAM/TRNSYS coupling between heat transfer and airflow provides the ability to evaluate ventilation system designs with respect to building envelope tightness using CONTAM's pressure-based airflow network calculations as opposed to the oft-used assumed and empirically-determined air change rates [12]. Figure 3 provides plots of the  $CO_2$  concentration in the three return plenums. The plot on the left is for the base configuration with a building leakage rate of 5.27 cm<sup>2</sup>/m<sup>2</sup> and that on the right is ten times tighter. As shown in Figure 3, there is less variation in the  $CO_2$  concentrations among the three zones in the tighter building.

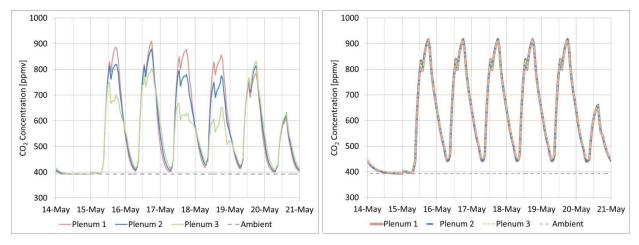


Figure 3 - CO<sub>2</sub> concentration for DCV system in leaky building (Left) and tight building (Right)

The coupling of heat transfer, airflow and contaminants enables comparisons to be made between various ventilation systems that utilize contaminant-based control strategies. Not only can users evaluate systems based on the controlled contaminants, e.g., CO<sub>2</sub> in this case, but the effect on non-control based contaminants can be evaluated as well. In order to demonstrate the latter effects, this case includes internal sources of volatile organic compounds (VOCs). Figure 4 shows the building average VOC concentration for four different combinations of building envelope leakage and ventilation system type: leaky envelope with CAV system, tight envelope with CAV system, leaky envelope with CAV-DCV system and tight envelope with CAV-DCV system. This plot reveals that the internal concentration is elevated by the lower outdoor air intake rates attributed to the DCV control system for both the leaky and tight envelopes. Further, but not addressed here, the effects on energy usage of these different ventilation strategies can be evaluated using the capabilities that are inherent to TRNSYS, thus enabling evaluation of trade-offs between energy conservation strategies and IAQ.

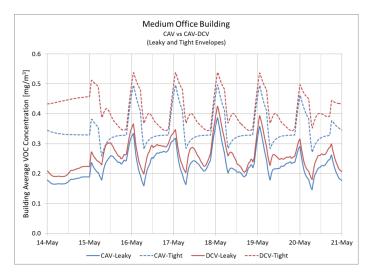


Figure 4 - Comparison of VOC concentrations with respect to envelope leakage and ventilation system

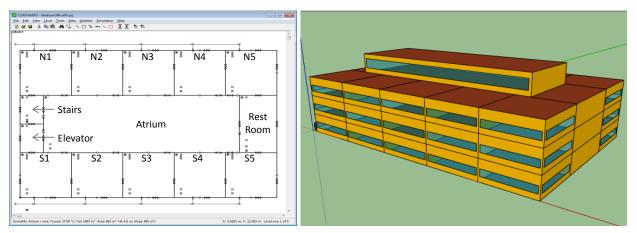
# 2.2 Natural Ventilation Design and Analysis Tools

NIST has also developed two tools to support the design of natural ventilation systems [13-15]. The *Climate Suitability Tool* is used to evaluate the potential of a given location for direct ventilative cooling and nighttime ventilative cooling. The climate suitability analysis is based on a general single-zone thermal model of a building configured to make optimal use of direct and/or nighttime ventilative cooling. The second tool, *LoopDA*, is based on the methodology presented by *CIBSE* in *Applications Manual AM10: 1997 - Natural Ventilation in Non-domestic Buildings* [16] and more specifically on the work done by Axley [17]. These two tools can be used in the early design phase and the results can then be utilized within the newly coupled TRNSYS/CONTAM model to perform a more complete analysis. This process is outlined in the following demonstration case.

# Demonstration Case #2: Natural Ventilation System Design and Analysis

# Case Description

For the purposes of the natural ventilation case, the Medium Office Building model was modified as shown in Figure 5. Modifications include the addition of a central atrium with stacks located at the top to provide common outflow paths for natural ventilation flows; removal of the plenum levels; subdivision of each of the north and south sides of the building into five 100 m<sup>3</sup> offices; and relocation of the restrooms, elevator and stairs to opposite ends of the building.



# Figure 5 - Medium Office Building model modified for natural ventilation as shown in *ContamW* and *Trnsys3d*

The TRNSYS/CONTAM simulation setup is much simpler for this case, because there is no need to couple mechanical ventilation systems between the two domains. However, the models could be modified to incorporate hybrid ventilation systems if desired.

## Case Results

A climate suitability analysis shown in Figure 6 was performed using TMY3 typical hourly annual climatic data for Baltimore, Maryland USA with the following inputs: adaptive thermal comfort with 80 % acceptability and a 17 °C dew point limit; specific combined internal and solar gains,  $q_i$ , of 30 W/m<sup>2</sup>; and a minimum ventilation rate for office space based on ASHRAE Standard 62.1-2013 [18] of 0.425 L/s-m<sup>2</sup> or approximately 15 m<sup>3</sup>/h per office.

The results presented in Figure 6 indicate the direct ventilative cooling potential given by: the average air change rate required based on only those hours when direct cooling is effective, the standard deviation of those air change rates, the percentage of the year direct cooling is effective, i.e., the number of hours direct ventilation is effective out of the total number of hours in the weather file, and the percentage of hours for which the ambient conditions were too cold, too hot, or too humid for natural ventilative cooling. The *Climate Suitability Tool* also provides information on night cooling potential.

nternal Heat Gains	/ Area 30		W/m² •	Cooling Setp	pint 26	•0	Select Wea			
inimum Ventilatior	Rate 0.425		sL/s/m² 🔹	Heating Setp	oint 20	•0	Run Expo			
miting Outdoor De	w Point 17		•C •	Night Start	18	h	About			
eiling Height	4		m •	Night End	5	h				
USA_MD_Baltimore-Washington.Intl.AP.724060_TMY3.epw Direct Cooling Night Cooling										
Direct cooling										
<u> </u>					Manual Setpoints	Adaptive 80%	Adaptive 90%			
30 W/m <sup>2</sup>	Manual Setpoints			Cooling Potential	Manual Setpoints 3.084	Adaptive 80% 3.49	Adaptive 90% 3.282			
30 W/m <sup>2</sup> Ventilation Rate (ACH) ±	1.979	Adaptive 80% 2.071 2.079	Adaptive 90% 2.265 2.385	Cooling Potential (W/m²•ACH) ±	3.084					
Ventilation Rate	1.979	2.071	2.265		3.084	3.49	3.282			
Ventilation Rate (ACH) ±	1.979 1.904	2.071 2.079	2.265 2.385	(W/m²•ACH) ±	3.084 1.977	3.49 2.196	3.282 2.054			
Ventilation Rate (ACH) ± % Effective	1.979 1.904 75.1	2.071 2.079 77.4	2.265 2.385 76.5	(W/m²•ACH) ± Days Needed	3.084 1.977 133	3.49 2.196 122	3.282 2.054 130			

#### Figure 6 - Climate suitability analysis and results in web-based application

A *LoopDA* model was developed for a single cross-section of the building to include two offices on opposite sides of the building separated by the atrium as shown in Figure 7. The arrows through the building represent the pressure loops established by the user to indicate the desired flow patterns through the building. Design conditions shown in Figure 8 are set by the user and used to determine the size of the natural ventilation openings required to provide the design airflow rates. At these design conditions, airflow rates between 1080 m<sup>3</sup>/h and 1200 m<sup>3</sup>/h are required to cool the interior to the indoor design temperature of 27 °C. A set of self-regulating inlet vents (SRV) was defined so that each provides a maximum airflow rate of 70 m<sup>3</sup>/h, requiring 16 or 17 vents per office to provide the maximum flow rates.

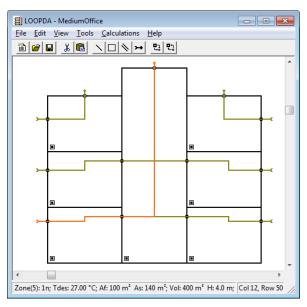


Figure 7 - LoopDA representation showing a cross section of the building in elevation view

Design Data					
Weather					
Outdoor Temperature:	20 ℃ 🔻	Wind direction is not needed. Set wind pressure coefficients (Cp) of each envelope			
Wind Speed:	2 m/s 💌	flow path for design conditions.			
Atmospheric Pressure:	101325 Pa 💌				
Default Project Values: Overall Heat Transfer Coefficient: Internal Heat Gain: Ventilation Rate per Floor Area:	0.474 W/m <sup>2</sup> ·K 30 W/m <sup>2</sup> 0.3 L/s·m <sup>2</sup>	<ul> <li>Temperatures</li> <li>Indoor Design: 27</li> <li>Heating Set Point: 20</li> <li>Cooling Set Point: 26</li> </ul>			
Ventilation Rate per Person:	2.5 L/s				
Occupant Density:	5 #/100m²	•			
	ОК	Cancel			

#### Figure 8 - LoopDA design conditions

During the *LoopDA* analysis, all purposeful inlets, outlets and intermediate flow path sizes were determined, which were then used to develop a CONTAM model of the entire building as shown in Figure 5. The three dimensional extrusion and coupling process to support the coupled TRNSYS/CONTAM analysis was then carried out as described in the previous example.

The fully coupled model provides the ability to evaluate the performance of the natural ventilation system within the context of the entire building, as opposed to the idealized assumptions used during both the climate suitability analysis and the loop design method. An annual simulation can be performed and results analysed to evaluate the design in more detail. Figure 9 presents the annual hourly temperatures of two zones (zone 5 on the north side of level 1, 1-N5 and zone 3 on the north side of level 3, 3-N3). The two dashed lines provide the region of thermal comfort between which the operative temperature should fall based on the monthly average outdoor temperature. While a direct comparison between operative temperature and thermal comfort requirements was not made here, it

is apparent that different zones will experience different temperatures and the coupled simulations provide the means to evaluate performance in a detailed manner.

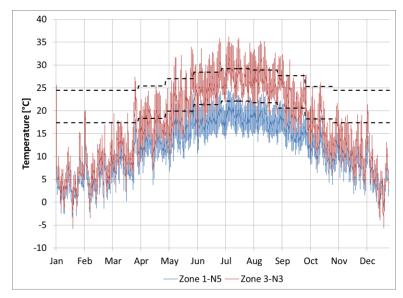


Figure 9 - Temperature of two zones and adaptive thermal comfort region for naturally conditioned spaces and Baltimore weather

The natural ventilation design was performed based on a single set of design conditions. However, it is important to address other conditions under which the system must perform. While there are a wide variety of control schemes that one could employ, this case study simply demonstrates that control can be implemented using a fairly simple scheme. Figure 10 shows airflow rates through the self-regulating vents of one of the zones (zone 4 on the north side of level 3, SRV\_3-N4). In the figure, the solid lines are airflow and the dashed line is the outdoor temperature. Both the controlled and uncontrolled flows are presented.

In the uncontrolled case (SRV\_3-N4\_uc), the design maximum number of SRVs were left open at all times, and in the controlled case (SRV\_3-N4\_c), the number of SRVs was controlled based on the outdoor temperature. The ambient temperature was sensed within TRNSYS and an equation type was used to adjust the number of SRVs from the minimum of two when the temperature was at or below the heating balance point ( $T_{hbp}$ ) up to the maximum number of SRVs (as per the previously presented design information) when the temperature reached the cooling set-point ( $T_{csp}$ ).

A week in January reveals the difference between the two cases. The uncontrolled airflow rates reached much higher levels and even fell below the required minimum due to the difference in insideoutside temperature and pressure leading to reversed flow through the openings. However, the SRVs were designed to minimize flow reversal. When the control scheme was implemented, the flows were greatly reduced and minimum airflow was maintained during the entire simulation period.

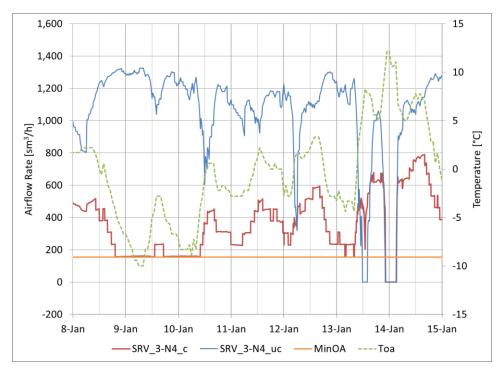


Figure 10 - Comparison between uncontrolled and controlled natural ventilation inlets

## 3 Conclusions

The design and analysis of high performance buildings to meet demanding energy and IAQ goals increasingly requires advanced building modeling capabilities to simultaneously model heat transfer, airflow and pollutant transport. An updated multizone building heat transfer, airflow and contaminant transport simulation tool was developed through "ping-pong" coupling of the TRNSYS energy simulation program with the CONTAM multizone airflow and IAQ model. Along with new supplementary utilities, this second generation coupling capability greatly expands functionality and increases the usability of coupled building energy and airflow simulation by adding multizone contaminant transport and incorporating automatic formation of temperature and airflow connections between the building energy and airflow models. Application of the new coupled tool was demonstrated on a medium office building with  $CO_2$ -based DCV and natural ventilation, but many additional design issues of interest can be analyzed with this new approach.

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